

HEALTH AND WELLNESS

COMMUNITY CLINICS

Low cost health clinics are available to the general public and mainly provide health care services to people without insurance. When a person loses their job they will most likely lose their health insurance benefits, unless benefits are continued under COBRA or their employer has agreed to extend them for a certain amount of time.

Brownstown

Wyandotte Clinic for the Working Uninsured

23050 West Road Suite 230
Brownstown, MI 48183
Phone: (734) 365-3560
Web site: <http://www.wyandotteclinic.com/>

Working adults ages 18 and up without health insurance.

Detroit

Advantage Health Centers

Web site: www.ahcdetroit.org

Advantage Family Health Center
4777 E. Outer Drive
Detroit, MI 48234
Phone: (313) 369-1960
Fax: (313) 369-1977

Thea Bowman Community Health Center

20548 Fenkell
Detroit, MI 48223
Phone: (313) 255-3333
Fax: (313) 255-4335

Waller Health Care for the Homeless Center

2395 W. Grand Boulevard
Detroit, MI 48208
Phone: (313) 897-2061
Fax: (313) 897-7320

The mission of Advantage Health Centers is to improve the health status of the individuals and the communities we serve by providing access to high quality, respectful, and efficient health care services. Advantage Health Centers will also be a catalyst for access to health care and other resources for those who would otherwise go un-served.

Detroit Health Care for the Homeless, Inc. incorporated in 1986 to improve the health of our most vulnerable population. In 2003, DHCH expanded its mission to include all of those who are uninsured, or who live in areas where there are not enough doctors available.

Since then, DHCH has done business as Advantage Health Centers and now operates a network of medical and dental clinics. A mobile clinic serves homeless persons at soup kitchens, shelters, treatment programs and churches.

American Indian Health and Family Services

4880 Lawndale
Detroit, MI 48210
ADMIN Phone: (313) 846-3718
Clinic Phone: (313) 846-6030
Web site: www.aihfs.org

The mission of American Indian Health and Family Services of Southeastern Michigan, Inc. - Minobinmaadziwin is to help ensure the survival of Native American families and individuals by providing quality health care, by supporting the healing process, by encouraging, educating and empowering

our clients in seeking and maintaining wellness and enhancing their quality of life by facilitating the equity and accessibility of comprehensive health care for the Native American Indian community.

Arab-American and Chaldean Council (ACC)

Community Health Center

111 W Seven Mile Rd

Detroit, MI 48203

Phone: (313) 893-5269

Web site: www.myacc.org

Cabrini Clinic

1050 Porter Street

Detroit, MI 48226-2405

Phone: (313) 961-7863

Fax: (313) 965-9891

Email: cabriniclinic@sbcglobal.net

Web site: www.cabriniclinic.org

Cabrini Clinic offers the following services:

- Primary Medical Care
- Prescription Assistance
- Health Education
- EKG and Lab Testing
- Mental Health Counseling
- Dressings and Basic Home Health Care Supplies
- Referrals

Before your first visit, all NEW PATIENTS must schedule an intake with the Social Worker. Occasionally we are unable to accept any more new patients because we are at capacity.

Medical Clinic

Tuesdays at 5pm and Thursdays at 1pm and 6pm

Twenty-five patients are seen at each clinic on a first come, first served basis.

Registration is one hour before the clinic opens. Medical clinic is closed on the 5th Tuesday and Thursdays of the month.

Mental Health Counseling

Wednesdays at 3pm

Adults are seen by appointment only. Call (313)961-7863 for an appointment.

Cass Community United Methodist Church

Saturday Free Medical Clinic

3745 Cass Ave.

Detroit, MI 48201

Phone: (313) 883-2277

Web site: www.casscommunity.org

Sat only 9-12 noon

For the elderly, working poor and homeless, the clinic serves as the place of their primary care. Diabetes, cirrhosis of the liver, malnutrition, hypertension, AIDS and sexually transmitted diseases are common among the patients, as are injuries related to violence and the elements. The clinic distributes free prescription drugs, samples donated from the pharmaceutical companies, plus administers medical tests and other procedures.

Community Health and Social Services Center (CHASS)

Web site: www.chasscenter.org

CHASS Southwest Center & Administrative Offices

5635 W. Fort Street,
Detroit, Michigan 48209
Phone: (313) 849-3920
Fax (313) 849-0824

CHASS MidTown Center

7436 Woodward Ave.
Detroit, Michigan 48202
Phone: (313) 556-9907
Fax: (313) 556-9711

CHASS Western International Health Center

1500 Scotten
Detroit, MI 48209
Phone: (313) 849-5504
Fax: (313) 849-5744

CHASS' services are specifically designed to meet the needs of Southwest and Midtown Detroit's multicultural community. The staff at CHASS is fully aware that patients must overcome obstacles to follow their prescribed medical regime. In an effort to maximize the effectiveness of care, patients are given medical instructions in their primary language and provided translated written materials when necessary. CHASS employs a bilingual staff and it is common to hear a variety of languages and dialects spoken in the CHASS waiting room.

Although CHASS is a primary care center, its philosophy is to provide comprehensive care that improves the health and wellness of each patient. Dental services are available to CHASS patients in addition to child health programs such as WIC. Social workers are employed full-time by the Center and provide counseling and referrals. CHASS has established links with the local mental health center and parenting programs.

To further accommodate patients of all income levels, CHASS provides a sliding fee schedule that charges patients for services based on their ability to pay. While CHASS does bill for services and relies on third party reimbursement for part of its funding, no one is denied medical care because of an inability to pay.

Covenant Community Care

Web site:

www.covenantcommunitycare.org

559 W. Grand Blvd.
Detroit, MI 48216
Phone: (313) 554-1095

1700 Waterman
Detroit, MI 48209
Phone: (313) 841-1699

CCC provides, quality, affordable, wholistic health care for our patients. Therefore we offer not only primary medical care, but expanded services to help support our patients' spiritual, psychological, and social health.

CCC has developed an array of community-based primary care medical services including: Family Practice, Internal Medicine, OB/Gyn, Pediatrics, Cardiology, Optometry, Dentistry, and Pharmacy.

Our services include the following:

- Medical Specialties
- Medical Support Services
- Dentistry & Optometry
- Health Support Services
- Behavioral Health/Pastoral Care

Detroit Community Health Connection (DCHC)

Web site: www.dchcquality.org

*East Riverside
Administration*
13901 E. Jefferson
Detroit, Michigan 48215
Phone: (313) 822-0900

Nolan Family Health Center
111 W. Seven Mile Rd.
Detroit, Michigan 48203-1968
Phone: (313) 369-2600

Eastside
7900 Kercheval
Detroit, Michigan 48215
Phone: (313) 921-5500

Bruce Douglass
6550 W. Warren

Detroit, Michigan 48215
Phone: (313) 897-7700

Woodward Corridor
611 Martin Luther King Jr.,
Boulevard
Detroit, Michigan
Phone: (313) 832-6300

DCHC is committed to providing quality medical and dental services to all of our patients regardless of their medical, social or economic circumstances. Our services are designed, monitored and provided to the needs of those we proudly serve.

Detroit Department of Health and Wellness

Web site: www.dethealth.org

Herman Kiefer Health Complex
1151 Taylor
Detroit, MI 48202
Phone: (313) 876-4826
Fax: (313) 876-0400

Services Offered:

- Dental
- Adult Medicine
- Healthy Kids Medicaid Enrollment
- Pregnancy Testing
- Family Planning/Birth Control Services
- WIC Food Supplement Program
- Social Work

Grace Ross
14585 Greenfield Road
Detroit, MI 48227
Phone: (313) 870-3094

Services Offered:

- Pediatrics

- Healthy Kids Medicaid Enrollment
- Immunizations
- Pregnancy Testing
- Family Planning/Birth Control Services
- Prenatal Care
- Focus: HOPE Food Supplement Program
- WIC Food Supplement Program
- Social Work

Northeast

5400 East 7 Mile Road
Detroit, MI 48234
Phone: (313) 870-3054

Services Offered:

- Pediatrics
- Healthy Kids Medicaid Enrollment
- Immunizations
- Pregnancy Testing
- Family Planning/Birth Control Services
- Prenatal Care
- Focus: HOPE Food Supplement Program
- WIC Food Supplement Program

HUDA Community Clinic

1605 W. Davison Ave.
Detroit, MI 48238
Phone: (313) 865-6770
Fax: (313) 447-2627
Email: info@hudaclinic.org
Web site: www.hudaclinic.org

Huda Clinic provides a comprehensive outpatient screening and assessment for widely occurring diseases. Our medical services include outpatient health assessments, blood pressure screening, cholesterol monitoring, diabetes screening, general eye exams, prostate cancer screening, and breast exams. Our lab

services will include glucose testing, occult blood, TB testing, urine dipstick, hemoglobin, beta-hCG, and microscopic services. During operating hours, our medical staff consists of at least one doctor and four professionals from the medical field (medical students or nurses).

Joy-Southfield Health & Education Center

18917 Joy Road
Detroit, MI 48228
Phone: (313)581-7773
Web site: www.joysouthfield.org

The Joy-Southfield Health & Education Center is a program of The Joy-Southfield Community Development Corporation Inc. We are dedicated to providing primary health care services and preventative health education programs to low-income and uninsured families and individuals.

We offer physical care as well as many health education programs.

Due to the large number of return appointments, we cannot accept walk in patients. Please call (313-581-7773) to schedule a first appointment. Follow up appointments will be made at the clinic

Mercy Primary Care Center

5555 Conner Suite 2691
Detroit, MI 48213
Phone: (313) 579-4000
Fax: (313) 579-4064
Web site: www.mercyprimarycare.com/

Our goal is to provide quality medical services to those adults who do not have private health insurance and do not qualify for either Medicare or Medicaid. Our services are tailored to meet the primary medical needs of the community. Medical problems or complex medical conditions are referred to a network of local health specialists. Should patients need to be

admitted to a hospital, we can refer to local hospitals.

Services provided within the center include:

- Primary care visits
- Select lab testing
- Select diagnostic imaging
- Health education
- Select specialty referrals
- Pharmacy
- Mental health visits
- Transportation
- Special Personal Assistance (SPA)

The Mercy Primary Care Center Specialized Personal Assistance (SPA) program is dedicated to offering homeless individuals and families in our community a warm shower and clean clothing in a respectful manner that maintains their dignity, while encouraging personal growth.

The SPA program also provides our homeless clients with assistance in accessing existing community programs for housing and substance abuse treatment as needed to improve their quality of life.

St. John Community Health Center

(In the Van Elslander Center-St. Vincent de Paul)
3000 Gratiot Ave. (near MacDougall)
Detroit, MI 48207
Phone: (313) 567-7462

St. Vincent de Paul Health Center

Cooley High School
15055 Hubbell
Detroit, MI 48227
Phone: (313) 837-5078

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serve the medically uninsured who lack access to routine health care. Our Catholic health ministry is dedicated to spiritually-centered

care which sustains and improves the health of individuals.

Services Provided

Treatment of common medical conditions such as:

- High Blood Pressure
- Diabetes
- Asthma
- Arthritis
- Physicals
- Respiratory Problems

Physicians are available on most Monday and Thursday afternoons by appointment only.

Services **Not** Provided:

- Emergency or Urgent Care
- Immunizations
- Pregnancy Care
- Acute Heart Problems
- Disability Follow-up
- Mental Health Care
- Children/Infant Services

Dearborn

ACCESS Community Health & Research Center

6450 Maple St.
Dearborn, MI 48126
Phone: (313) 216-2200
Fax: (313) 584-3226
Web site: www.accesscommunity.org

This modern medical center has maintained the designation of a Primary Care Level 4 facility in accordance with World Health Organization (WHO) standards. All of the medical and mental health programs are designed to meet the United States Surgeon General's Health People 2010 recommendations, which

advocate healthy behaviors and disease prevention.

Central to their mission statement is the provision of Public Health initiatives and the pursuit of research focused on the health needs of Arab populations locally and elsewhere. In addition, we serve as a training site for residents, nurses, and public health professionals in collaboration with the University of Michigan School of Public Health and Wayne State University Schools of Medicine, Pharmacy and Nursing. The Wayne County Health Department's Women, Infants & Children (WIC) program, continues to experience significant growth.

Lincoln Park

Crisis Pregnancy Center

1760 Fort St.
Lincoln Park, MI 48146
Phone: (313) 386-4005

Provides free used maternity clothing, as well as clothing and accessories for infants and children in sizes infant-2T.

Eligibility: Low-income mothers and infants who live in southwest Detroit ZIP code areas 48208-48210, 48216, 48217, or the downriver area of Wayne County. Call for appointment. Must present driver license or state identification card.

Livonia

AAA Crisis Pregnancy Center

27578 Schoolcraft Rd.
Livonia, MI 48150
Phone: (734) 425-8060
Fax: (734) 425-8244
Email: info@aaaprc.org
Web site: <http://www.aaacpc.org>

Eligibility: Pregnant, mother with legal parental rights

Serves: Wayne County

Pregnancy tests, limited diagnostic ultrasound, dual services, abstinence speakers, maternity and baby clothes, baby items. Services are free.

Counseling Hours by Appointment - Please Call Ahead

Livonia Health Center

Planned Parenthood
37625 Ann Arbor Road, Suite 107
Livonia, MI 48150
Phone: (734) 591-6544
Fax: (734) 591-9910

Saint Mary Mercy Hospital

36475 Five Mile Rd.
Livonia, MI 48154
Phone: (734)655-8940

Provides standard immunizations including diphtheria, tetanus, polio, measles, rubella, mumps, and Hepatitis B.

Children age 18 and under who are accompanied by a parent or guardian.

Walk in from 5:30 pm - 8 pm, Thursday during even months of the year, excluding December. Must bring immunization record.

\$5 per child, per visit (regardless of the number of vaccinations).

Riverview

Z.I.A.D. Healthcare for the Underserved

12830 Sibley Road
Riverview, MI 48193
Phone: (734) 347-1462
Web site: www.ziadhealthcare.org

1640 Fort St. Suite E

Trenton, Michigan 48183
Phone: (313) 815-8767

Z.I.A.D. Healthcare for the Underserved Inc. is a 501c3 Non Profit organization that came to be in 2002 when four individuals sat down and looked for ways to help provide access to the uninsured. Specifically they looked at those that fall through cracks, some 46,000,000 people in the United States. These are the people that work part time jobs (making them unqualified for governmental assistance), and receive no coverage from their employers, and cannot afford the premiums of health insurance.

Taylor

Michigan Association of Physicians of Indian Origin (MAPI)

12701 S. Telegraph Rd.
Taylor, MI 48180
Phone: (734)374-3152
Email: office@mapiusa.org
Web site: www.mapiusa.org

Provides health services with a focus on treating high blood pressure, diabetes, asthma, arthritis, and other common ailments. Does NOT provide emergency care, immunizations, pregnancy care, or mental health care.

Uninsured adults who meet income criteria. Household income; 1 person - \$9,310 or less; 2 people - \$12,490; 3 people - \$15,670; 4 people - \$18,850. Clinic does not provide services to children.

Call for appointment. Does not accept walk-ins.

Taylor Teen Health Center

26650 Eureka Rd., Suite C
Taylor, MI 48180
Phone: (734) 942-2273

Monday, Tuesday, and Thursday 9 am- 5 pm
Wednesday, 9 am 6pm.
Friday, 9 am-12 noon

Medical Clinic hours are:
Mondays, 8:30 am 7 pm
Tuesdays & Wednesdays, 8:30 am -5 pm
Thursdays, 8:30 am -6 pm
Fridays, 8:30 am -1:30 pm

Services offered: Immunizations to students ages 10-21 (1 for \$5, 2 and up are \$10.) Hepatitis B immunization is FREE. Check-ups, sick visits, HIV testing, counseling. Parent or Guardian must accompany student. Immunization record should be brought to appointment. Appointments preferred; walk-in available. Fees based on ability to pay.

Trenton

A-Access Clinic
1640 Fort Street (Fort & King)
Trenton, MI 48183
Phone: (734) 675-9888

Services Offered: Low Cost Health Care
Monday, Tuesday, Friday 9-3
Wednesday and Thursday 9-5
Break from 12-1

Must apply for MHDS, denial or not accepting applicants letter needed.

Wayne

Hope Medical Clinic Wayne
Lighthouse Ministry Church
5403 S. Wayne Road
Wayne, MI 48184
Phone: (734) 710-6688
Email: info@thehopeclinic.org
Web site:
www.thehopeclinic.org/medicalclinic/wayne.htm

Hope Clinic provides compassionate and practical help to those in need. Offers medical care and dental care to the uninsured, plus a variety of social services to minister to the whole person.

Hope partners with many local churches, plus a number of agencies and others to ensure that our patients and clients receive the comprehensive care that they need.

Monroe County

Family Medical Center of Michigan
Temperance
8765 Lewis Ave
Temperance, MI 48182
Phone: (734) 847-3802

Carleton
130 Medical Center Dr.
Carleton, MI 48117
Phone: (734) 654-2169
Web site: <http://www.familymedical.org/>

Family Medical Center of Michigan, Inc. is a not-for-profit community health center with more than 25 years of experience serving the health care needs of Monroe, southeastern Wayne, and southeastern Lenawee Counties. FMC has two services centers in Monroe County, located in Temperance and Carleton, Michigan.

Family Medical Center of Michigan, Inc. is dedicated to quality and excellence in providing comprehensive, cost-effective primary and preventive health care, regardless of age, ethnic background, or ability to pay. Discounted Dental Services are also available.

Monroe County Health Department
2343 South Custer Road
Monroe, MI 48161
Phone: (734) 240-7800
Children's Special Health: (734) 240-7820
Dental Clinic: (734) 240-7825

Family Planning: (734) 240-7830
Immunization Clinic: (734) 240-7812
Maternal/Infant Support: (734) 240-7860
Nursing/Homecare: (734) 240-7860
Vision/Hearing Screening: (734) 240-7855
Well Child Clinic: (734) 240-7905
WIC Program: (734) 240-7895
Web site:
www.co.monroe.mi.us/publichealth

Michigan's local public health departments offer a wide range of health services and supports for families. Some of the programs include: family planning, prenatal care; health screening; Women, Infants and Children (WIC) nutrition program; home nurse visits; support services for mothers and infants; and vision and hearing screening for school age children. They can also provide information on the Children's Special Health Care Services Plan.

Wayne County

Wayne County Department of Public Health

Dearborn Health Center
6450 Maple
Dearborn, MI 48126
Phone: (313)216-2201
Fax: (313)584-2957

Taylor Health Center
26650 Eureka Rd., Suite B
Taylor, MI 48180
Phone: (734)955-3900
Fax: (734)955-3910

Wayne Health Center
33030 Van Born Rd.
Wayne, MI 48184
Phone: (734)727-7156
24 Hour Hotline: (734) 727-7284
Fax: (734) 727-7005

Provides free standard immunizations including diphtheria, tetanus, polio, whooping cough, measles, pneumococcal, H influenza, chicken pox, rubella and mumps (required by state law for children beginning school).

Infants, children and adults residing in Wayne County excluding Detroit.

Call for information. Children under 18 must be accompanied by a parent or guardian.

DENTAL

Wayne County

Children's Hospital Developmental Dentistry

3901 Beaubien
Detroit, MI 48201
Phone: (313) 745-5551
Fax: (313) 745-5908

Children's Hospital of Michigan Specialty Center

2059 E. 14 Mile Road
Birmingham, MI 48009
Phone: (248) 594-3026
Fax: (248) 594-3045

- X-rays
- Sealants
- Patient education
- Referrals
- Exams

- Special Needs Patients
- Low income children
- School children

Developmental Dentistry is a large pediatric dental practice serving as the Dept. of Dentistry for Children's Hospital of Michigan.

Dental Treatment Fund for Persons with Developmental Disabilities

Michigan Dept. of Community Health
DFCH-Oral Health
P.O. Box 30195
Lansing, MI 48909
Oral Health Program Coordinator
Phone: (517) 335-8388

Persons with developmental disabilities who do not have other means of receiving dental care.

Patients must be referred by community mental health agency.

Detroit Receiving Hospital/University Health Center

4201 St. Antoine
Detroit, MI 48201
Phone: (313) 494-6700 Fax: (313) 494-6625

Web site:

www.dental.udmercy.edu/patients

Services are provided at a reduced fee since dental and dental hygiene students provide services under the supervision of licensed faculty. General and specialized oral health care including endodontics, oral surgery, orthodontics, pediatric dentistry, periodontics, prosthodontics, X-rays, sealants, fluoride treatment.

Services available to the disabled, handicapped, senior, children under 18, low-income.

Reduced fees, all major insurance and Medicaid. Not currently accepting Medicaid for oral surgery.

Hope Dental Clinic

9 South Adams St.
P.O. Box 980311
Ypsilanti, MI 48198-0311
Phone: (734) 480-9575
Fax: (734) 480-9503
Web site: www.hopeclinic@rc.net

Free standing dental. U of M dental and hygiene student rotations. Referrals to area specialists for further treatment. Low-income, no insurance, no Medicaid, children and adults. Preventive, restorative. Charge a \$5 per person per visit contribution.

Michigan Donated Dental Services (DDS)

South East Michigan
PO Box 3405
Farmington Hills, MI 48333
Phone: (248) 489-2204
Toll Free: (800) 850-5913
Fax: (248) 489-2067 Fax

Due to lengthy waiting lists, applications are **not** currently being accepted in Jackson, Oakland, or Wayne Counties. Please check back at a later date.

The Donated Dental Services (DDS) program is a collaborative, direct way that the dental profession reaches out to individuals with special needs. Must need extensive dental work, **no** routine care or emergency care.

Because of the extraordinary compassion of over 13,000 dentists and 3,000 dental laboratories across the country, DDS tends to the essential and comprehensive dental care needs of our nation's most vulnerable people; disabled, elderly or medically-compromised individuals who cannot afford necessary treatment nor get public aid. DDS patients have slipped through the cracks of Medicaid and Medicare programs with nowhere else to turn.

Participation could not be easier. Dentists and labs take care of the patients, DDS does everything else; no headaches, no red tape. A DDS Coordinator is the liaison between the patient, the labs and the dentists, answering any and all questions, assisting the patient, the lab and the

dentist with anything and everything. The goal of DDS is to return patients to good oral health, enabling them to reach an affordable maintenance level.

Tri-County Dental Health Council

29350 Southfield Rd. #35
Southfield, MI 48076-2020
Phone: (248) 559-7767
Web site: www.dentalhealthcouncil.org

Tri-County Dental Health Council gives information, names and phone numbers of places that offer lower cost dental services in Wayne, Oakland, and Macomb counties, and dentists who accept Medicaid.

Tri-County Dental Health Council is a private, charitable agency that helps low income people and those with special needs find affordable dental care in their communities.

University of Detroit Mercy School of Dentistry

2700 Martin Luther King Blvd.
Detroit, MI 48208
Phone: (313) 494-6700
Fax: (313) 494-6625
Web site:
www.dental.udmercy.edu/patients

Low-income residents. Preventive, restorative. Private pay, insurance, Medicaid.

Wayne County Community College District (WCCCD)

Dental Clinic
8551 Greenfield
Detroit, MI 48228
Phone: (313) 943-4040

Serves: Detroit & Wayne County

- Diagnostic
- Preventive
- Sealants
- Cleanings

- Fluoride
- Oral Exam
- Radiographs
- Fixed fee schedule: \$8-children; \$10-12-adults

Linked to school based programs and Children's Hospital

Monroe County

Family Medical Center of Michigan

Temperance
8765 Lewis Ave
Temperance, MI 48182
Phone: (734) 847-3802

Carleton
130 Medical Center Dr.
Carleton, MI 48117
Phone: (734) 654-2169
Web site: <http://www.familymedical.org/>

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Family Medical Center of Michigan, Inc. is dedicated to quality and excellence in providing comprehensive, cost-effective primary and preventive health care, regardless of age, ethnic background, or ability to pay. Discounted Dental Services are also available.

Monroe County Health Department

2353 South Custer Rd
Monroe, MI 48161
Phone: (734) 240-7825
Toll Free: (888) 354-5500 Ext. 7825
Fax: (734) 240-7815

Provides Dental Care to individuals up to age 21 who have Medicaid.

Services include:

- Filling of Cavities
- Cleaning and Fluoride treatment
- Education
- Extractions

State of Michigan

Michigan Dental Association

230 N. Washington Sq., Suite 208

Lansing, MI 48933-1392

Phone: (517) 372-9070

Toll Free: (800) 589-2632

Web site: www.smilemichigan.com

Michigan's official source for oral health care, and here to help! If you need a dentist, be sure to visit the Find a Dentist section to search for an MDA-member dentist by name, location, or specialty.

HEALTH INSURANCE

Consolidated Omnibus Budget Reconciliation Act (COBRA)

Phone: (866) 444-3272

Web site: www.dol.gov/COBRA

If you were involuntarily terminated on or after September 1, 2008 and are not eligible for other health coverage (such as a spouse's health plan or Medicare), then you may be eligible for a 65 percent reduction of your COBRA premium for up to 9 months. If you didn't elect COBRA, you may have an additional opportunity to elect it now and take advantage of the premium reduction.

For more information, ask your former employer or contact the U.S. Department of Labor's Employee Benefits Security

Administration at: 1-866-444-3272 or visit our Web site.

COBRA (Consolidated Omnibus Budget Reconciliation Act) provides health benefits for employees or their families who may lose coverage because of job loss, death, divorce, or other life events. Under COBRA employees may be able to continue coverage under the employer's group health plan for themselves and their families for limited periods of time. The individual employee must pay the premium which can be no more than 102% of the "applicable premium", which is defined as the cost of coverage for similarly situated persons remaining under the group health plan. The law generally applies to group health coverage provided by employers with 20 or more employees, but does not apply to federal employees and church sponsored plans.

If you are eligible for COBRA, your health plan must give you a notice stating your right to choose to continue coverage under the plan. You will have 60 days to choose cobra coverage or lose all rights to benefits. Once COBRA coverage is chosen, you may be required to pay for the coverage.

COBRA provides certain former employees, retirees, spouses, former spouses, and dependent children the right to temporary continuation of health coverage at group rates. This coverage, however, is only available when coverage is lost due to certain specific events. Group health coverage for COBRA participants is usually more expensive than health coverage for active employees, since usually the employer pays a part of the premium for active employees while COBRA participants generally pay the entire premium themselves. It is ordinarily less expensive, though, than individual health coverage.

Private Pay Insurance

This option allows a person to choose a health care provider of their choice, however, the individual pays for coverage. For more information on Private Pay insurance plans contact:

Michigan Association of Health Plans (MAHP)

327 Seymour
Lansing, MI 48933
Phone: (517) 371-3181
Fax: (517) 482-8866
Web site: www.mahp.org

The Michigan Association of Health Plans is a nonprofit corporation established to promote the interests of member health plans. The Association works closely with all levels of government to achieve fair and equitable regulatory policies and to foster growth in the managed care industry.

Greater Detroit Area Health Council (GDAHC)

Phone: (313) 963-4990
Greater Detroit Area Health Council
Web site: www.gdahc.org

Southeast Michigan (SEM) is a community that delivers high quality, cost effective health care that is accessible to all, resulting in improved community health status. We accomplish this by working collaboratively, through GDAHC, to advocate and lead change to improve the way health care is delivered, paid for and used in the seven county region.

GDAHC is southeastern Michigan's health care coalition of leaders from business, labor, hospitals and health systems, physician organizations, payers, government and community organizations

that provides leadership on regional issues of health care quality, access and cost, and aligns leaders to activate transformative solutions through collaboration and partnerships.

Medicare

Centers for Medicare & Medicaid Services
7500 Security Boulevard
Baltimore MD 21244-1850
Phone: (800) 633-4227
Phone: (800) 772-1213
TTY: (800) 325-0778
Web site: www.medicare.gov

Medicare is a health insurance program for:

- People age 65 and older
- Some people under the age of 65 with disabilities
- People with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant)

Generally, you are eligible for Medicare if you or your spouse worked for at least 10 years in Medicare-covered employment and you are 65 years old and a citizen or permanent resident of the United States.

If you have questions about your eligibility for Medicare Part A or Part B, or if you want to apply for Medicare, call the Social Security Administration.

Other Coverage Options

Websites are now available that offer insurance information on providers so the consumer can compare and contrast benefits and rates.

Local Insurance

Web site: www.localinsurance.com

Most Choice

Web site: www.mostchoice.com

Insure.com

Web site: www.insure.com

Insurance Quotes

Web site: www.insurancequotes.com

HEARING IMPAIRED SERVICES

Deaf, Hearing, and Sign Language Center

2051 Rosa Parks Blvd., Suite 2A
Detroit, MI 48226
Phone: (313) 596-6038
Web site: www.dhsconline.net

The Deaf, Hearing & Sign Language Center is committed to enhancing the communication opportunities between the Deaf, hard of hearing and hearing communities through Advocacy, Public Education, Audiology, Interpreting and Speech Language Pathology services and programs that are consistent with the needs of DHSC clients.

Deaf & Hearing Impaired Services, Inc.

25882 Orchard Lake Rd., Suite 100
Farmington Hills, MI 48336
Phone: (248) 473-1888
TTY: (248) 473-1875
Email: DeafSVCS@aol.com
Web site: www.dhisonline.org

Serving Deaf and hard of hearing older adults and their families in southeast Michigan.

Deaf & Hearing Impaired Services, Inc. (DHIS) is a "grass roots" organization established from a need for Deaf and hard of hearing older adults to access services that would otherwise be impossible or difficult to access due to the communication barrier. Deaf persons have a separate language of American Sign

Language i.e. the primary language of the Deaf (English is their second language). Hard of hearing older adults have a unique set of needs including acquisition of appliances, rehabilitation, counseling, and support groups.

Holley Ear Institute

22151 Moross Road
Professional Building I, Suite 223
Detroit, MI 48236-2172
Phone: (313) 343-3165
Phone: (313) 343-8789
Fax: (313) 343-4111
Web site: <http://www.stjohn.org>

The mission of the Holley Ear Institute (HEI), a non-profit organization founded in 1993, is to assist the Deaf and hard of hearing and provide services and programs aimed at improving their quality of life. HEI is a consortium of medical and non-medical professionals, as well as volunteers including: doctors, teachers, religious leaders and support technicians. The Institute shares a close relationship with St. John Hospital and Medical Center in Detroit. Since its founding, the HEI has promoted the universal screening of all newborn infants for deafness and hearing loss at St. John Hospital and Medical Center. Nearly 4,000 infants are screened by Holley Ear Institute volunteers and audiologists each year.

HEI offers summer and winter programs at its Family Village in Brooklyn, Michigan. These programs include: educational and recreational programs for Deaf families, hearing families with Deaf children, Deaf teens, Deaf/Blind adults and teens, Deaf seniors and hard of hearing and late-deafened adults and art seminars and workshops for Deaf students. HEI also offers classes in American Sign Language (ASL) at St. John Hospital and Medical Center in Detroit and St. John Macomb Hospital in Warren.

State of Michigan

Michigan Association for Deaf and Hard of Hearing (MADHH)

2929 Covington Court, Suite 200
Lansing, MI 48912
Phone: (800) YOUR-EAR (968-7327)
Email: yourear@MADHS.org
Web site: www.michdhh.org

Michigan Coalition for Deaf and Hard of Hearing People is a statewide coalition of agencies and organizations working together to improve accessibility and services for Michigan's Deaf and Hard of Hearing people. The Coalition meets quarterly to address issues pertinent to people who are Deaf or Hard of Hearing.

Michigan Commission on Disability Concerns

Division on Deaf and Hard of Hearing
201 N. Washington Square, Suite 150
Lansing, MI 48913
Phone: (517) 335-6004
Toll Free: (877) 499-6232
Fax: (517) 335-7773
MCDC Email: mcdc@michigan.gov
DODHH Email: dodhh@michigan.gov

The Michigan Commission on Disability Concerns which includes the Division on Deaf and Hard of Hearing responds to and advocates on behalf of Michigan's 1.9 million people with disabilities. This is done through information and technical assistance, disability rights training, working with the Michigan Business Leaders Network on employment for people with disabilities, coordinating the Michigan Youth Leadership Forum and conducting disability awareness and sensitivity training.

The Division on Deaf and Hard of Hearing deals with issues involving Michigan citizens who are deaf or hard of hearing.

HILL-BURTON ACT

Hill Burton Hotline
Phone: (800) 638-0742
Web site:
www.hrsa.gov/hillburton/default.htm

Hill-Burton requires that "obligated facilities" provide free or low cost health care services to people living in the facility's area who cannot afford to pay for the services. Obligated facilities are entities that have used federal money for facility construction or modernization.

In 1946, Congress passed a law that gave hospitals, nursing homes and other health facilities grants and loans for construction and modernization. In return, they agreed to provide a reasonable volume of services to persons unable to pay and to make their services available to all persons residing in the facility's area. The program stopped providing funds in 1997, but about 200 health care facilities nationwide are still obligated to provide free or reduced-cost care.

Steps to Apply for Hill-Burton Free or reduced-cost Care

1. Find the Hill-Burton obligated facility nearest you from the list of Hill-Burton obligated facilities.
2. Go to the facility's admissions or business office and ask for a copy of the Hill-Burton Individual Notice. The Individual Notice will tell you what income level makes you eligible for free or reduced-cost care, what services might be covered, and exactly where in the facility to apply.
3. Go to the office listed in the Individual Notice and say you want to apply for Hill-Burton free or reduced-cost care. You may need to fill out a form.

4. Gather any other required documents (such as a pay stub to prove income eligibility) and take or send them to the obligated facility.
5. If you are asked to apply for Medicaid, Medicare, or some other financial assistance program, you must do so.
6. When you return the completed application, ask for a Determination of Eligibility. Check the Individual Notice to see how much time the facility has before it must tell you whether or not you will receive free or reduced-cost care.

HOSPITALS

Hospitals focus on the medical and surgical care of their patients.

Wayne County

Dearborn

Oakwood Hospital & Medical Center

18101 Oakwood Blvd.
Dearborn, MI 48124
Phone: (313) 593-7000
Social Services: (313) 593-7765
Fax: (313) 436-2038
Web site: www.oakwood.org

Oakwood Hospital & Medical Center (OHMC) in Dearborn has served southeast Michigan for more than 50 years. This 623-bed full-service teaching hospital offers state-of-the-art emergency medicine, general medicine and surgery. OHMC is home to three medical residency programs in partnership with the Wayne State University School of Medicine.

OHMC provides excellent acute care with more open-heart surgeries than any other hospital in metro Detroit. This campus is also the hub for Oakwood's centers of excellence in Heart & Vascular,

Orthopedics and Neurosciences, Women's Health and The Center for Cancer Care. The facility is accredited by The Joint Commission and received a coveted Gold Seal of Approval in 2007 for its Total Joint Replacement Program.

Detroit

Detroit Receiving Hospital/University Health Center

4201 St Antoine
Detroit, MI 48201
Phone: (313) 745-3000
Social Services: (313) 745-3575
Web site: www.drhuhc.org

Detroit Receiving Hospital, Michigan's first Level I Trauma Center, is an adult specialty hospital offering expertise in emergency medicine, complex trauma, critical care, neuroscience and gerontology.

Receiving also features the state's largest burn center, Michigan's first hospital-based 24/7 hyperbaric oxygen therapy program, and Metro Detroit's first certified primary stroke center.

John D. Dingell VA Medical Center

4646 John R
Detroit, MI 48201
Phone: (313) 576-1000
Web site: www.detroit.va.gov

VAMC Detroit proudly serves veterans in southeastern Michigan, or one of two community-based outpatient clinics.

Free flu vaccinations available to enrolled veterans and employees.

St. John Detroit Riverview Center

7733 E Jefferson Ave
Detroit, MI 48214
Phone: (313) 499-3000
Web site: www.stjohn.org/DetroitRiverview

The Riverview campus continues to serve the Detroit community by providing urgent care services. If you have concerns, check with your physician, or call St. John Health Connect at 888-440-7325 for a referral to a doctor or health service close to your home.

St. John Detroit Riverview Campus maintains an urgent care center, physician offices and support services onsite.

The Riverview Urgent Care remains open 24 hours a day, seven days a week.

Sinai-Grace Hospital

6071 W. Outer Drive
Detroit, MI 48235
Phone: (313) 493-6800
Toll Free: (888) DMC-2500
Web site: www.sinaigrace.org

DMC Sinai-Grace Hospital draws on the traditions of two community hospitals and combines that history with the strength of a large medical system - The Detroit Medical Center (DMC). The hospital today continues to have deep roots in the community, providing compassionate, personal care backed by advanced medical treatments available locally and throughout the DMC.

More than 200 medical students and resident physicians in a variety of medical and surgical specialties get their advanced training at Sinai-Grace every year. In addition, radiology technicians, pharmacists, physician assistants and chaplains train at the hospital.

Harper University Hospital

3990 John R
Detroit, MI 48201
Phone: (313) 745-8040
Web site: www.harperhospital.org

Harper University Hospital is one of the nation's premier health care centers providing extraordinary care to patients from around the world. We offer award-winning services in a broad range of clinical areas, including the neurosciences, hypertension and heart failure, vascular and organ transplant.

For exceptional doctors and exceptional medical care, turn to Harper University Hospital. Explore our site to learn more.

Henry Ford Hospital

2799 W. Grand Blvd.
Detroit, MI 48202
Phone: (313) 916-2600
Social Services: (313) 916-1721
Web site: www.henryfordhospital.com

Henry Ford Hospital is a 903-bed tertiary care hospital, education and research complex located in Detroit's New Center area. The hospital is a multi-organ transplantation center and Level 1 trauma center. Henry Ford Hospital is listed in "Best Hospitals in America" (Visible Ink Press). Its doctors are routinely named among America's best.

Hutzel Hospital

4707 St. Antoine
Detroit, MI 48201
Phone: (313) 745-7555
Web site: www.hutzel.org

As Michigan's first and only hospital for women, Hutzel Women's Hospital is The Destination for Women's Care.

Physicians in Michigan look to Hutzel as a referral center for their high-risk patients with complicated conditions. At Hutzel, they find advanced specialty services and nationally recognized specialists that often aren't available at other hospitals.

St. John Hospital & Medical Center

22101 Moross

Detroit, MI 48236
Phone: (313) 343-4000
Social Services: (313) 343-3684
Web site: www.stjohn.org

St. John Hospital and Medical Center has a wide array of surgical specialties and subspecialties. Our operating rooms and post-anesthesia units are open 24 hours a day, seven days a week for scheduled and emergency procedures. Specialties include: Cardiovascular and Thoracic, Dentistry, General Surgery, Laser, Neurosurgery, Obstetrics and Gynecology, Ophthalmology, Oral and Maxillofacial, Orthopedic, Otolaryngology (ear, nose and throat), Pediatrics, Podiatry, Vascular, Transplant and Urology.

Garden City

Garden City Hospital
6245 N. Inkster Rd
Garden City, MI 48135
Phone: (734) 458-3300
Web site: www.gchosp.org

Garden City Hospital is proud to be a part of the community, and proud of the community the hospital itself has become. Whether you were born here, your entire family receives care here, or if it's your first time coming to the hospital, the staff will strive to make your experience welcoming and comfortable.

Grosse Pointe

Henry Ford Cottage Hospital
159 Kercheval Ave.
Grosse Pointe Farms, MI 48236
Phone: (313) 640-1000
Web site: www.henryfordhealth.org

Henry Ford Cottage Hospital in Grosse Pointe Farms, provides inpatient and outpatient physical rehabilitation and mental health services and is a primary

destination for outpatient services that include an ambulatory surgery center, a Women's Diagnostic Center, radiation oncology for cancer care, infusion services, cardiac and pulmonary rehabilitation programs, a Wound Care Center, Sleep Disorders Center and 24-hour emergency care with an emphasis on rapid treatment of minor emergencies not requiring hospitalization.

Livonia

St. Mary Mercy Livonia
36475 Five Mile Rd
Livonia, MI 48154
Phone: (734) 655-4800
Web site: www.stmarymercy.org

St. Mary Mercy Livonia is a full service 304-bed acute care hospital located in western Wayne County that provides comprehensive, coordinated and compassionate care to patients in the communities it serves.

Taylor

Oakwood Heritage Hospital
10000 Telegraph Rd
Taylor, MI 48180
Phone: (313) 295-5000
Fax: (313) 295-5085
Web site: www.oakwood.org

Oakwood Heritage Hospital is a 2007 recipient of the Governor's Award of Excellence. This facility opened its doors in 1977. For Taylor and the surrounding communities, extensive healthcare mixed with outstanding customer service has been the standard for over 30 years. This 209-bed hospital provides specialty services to all Oakwood Heritage patients including 24-hour emergency care, speech/language pathology and audiology, pain management clinic, orthopedic surgery, mental health facility, physical

medicine and inpatient rehabilitation and full service radiology including advanced CT and MRI.

Trenton

Oakwood Southshore Medical Center

5450 Fort St
Trenton, MI 48183
Phone: (734) 671-3800
Web site: www.oakwood.org

Oakwood Southshore Medical Center, a 193-bed community hospital, opened its doors to Trenton and surrounding communities over 40 years ago. A recipient of the Governor's Award of Excellence for Improving Care in Hospital Surgical and Emergency Department Settings, OSMC provides comprehensive health care with a personal touch.

Wayne

Oakwood Annapolis Hospital

33155 Annapolis Rd
Wayne, MI 48184
Phone: (734) 467-4000
Web site: www.oakwood.org

The Oakwood Annapolis team offers many services ranging from 24-hour emergency care, surgical services, laboratory and radiology, rehabilitation medicine and a comprehensive birthing center with private labor and delivery suites. In 2007, OAH was also designated a winner of The Joint Commission's Gold Seal of Approval for knee and hip replacement.

Wyandotte

Henry Ford Wyandotte Hospital

2333 Biddle Ave
Wyandotte, MI 48192
Phone: (734) 246-6000
Web site: www.henryfordwyandotte.com

Henry Ford Wyandotte Hospital is a 379-bed facility serving the western Wayne and Downriver communities in Michigan. It offers a full range of clinical services, including general medicine, surgery, obstetrics, pediatrics, cardiac care, physical medicine and rehabilitation, ambulatory surgery, inpatient and outpatient behavioral services, hospice care and 24-hour emergency care.

Monroe County

Mercy Memorial Hospital

718 North Macomb St.
Monroe, MI 48162
Phone: (734) 240-8400
Web site: www.mercymemorial.org

Mercy Memorial Hospital offers state of the art technology along with newly renovated areas of emergency, surgical center, digital cardiac catheterization lab, cafeteria, main lobby, gift shop, and the Macomb Pharmacy. We also offer a birthing center, cancer care, home health and hospice care, physical rehabilitation therapy, and dialysis treatment.

MENTAL HEALTH

During times of unemployment, a person can sometimes experience difficult and unpleasant emotions, which could result in at-risk behaviors. If you or someone you know is having uncharacteristic thoughts or demonstrating inappropriate behavior, please seek help immediately. The following is a list of hotlines, shelters, and counseling centers.

COUNSELING SERVICES

A person may go through a variety of emotions following life altering events. These emotions usually start with denial,

and are followed by depression, anger, and frustration, concluding with adaptation. It is important to remember that everyone is different. Where someone may experience all of the emotions associated with these events, another person may experience some or a few of these emotions and they may not experience them in the listed order. In addition, the length of time and the intensity of each emotion are dependent upon the person.

Most counseling centers accept Medicaid or base payments on a Sliding-Scale Fee.

Medicaid is a state medical assistance program providing financial coverage for a broad range of outpatient, inpatient, and residential services (long-term care services include nursing home, home health, and some residential facility services). You can apply for Medicaid through the Michigan Department of Human Services. A Sliding-Scale Fee determines payment based upon income. If a person has no income, they are not denied service.

Belleville

Community Care Services

25 Owen Street
Belleville, MI 48111
Phone: (734) 697-7880

Client Group: Adults with mental illness & adults with dual diagnosis. Children (0-17 yrs.) & youth with emotional disturbance & mental illness.

Services: Adults- Outpatient, after care, psychosocial rehabilitation, A.C.T., case management, outreach & Consumer Run. Children- Outpatient, neglect & abuse & case management.

CMH geographic area served: Belleville & Romulus, MI.

Canton

Advanced Counseling Services, P.C.

5958 North Canton Center Road, Suite 900
Canton, MI 48187
Phone: (734) 737-1200
Web site: www.advancedcounseling.org

ACS provides comprehensive outpatient mental health & substance abuse services for children, adolescents, adults and families.

Services include psychiatric and medication evaluation, psychological testing; assessment and treatment for ADHD; academic, social and school behavioral problems; parenting and step family issues; eating disorders; stress & anger management; sexual trauma, mood disorders, bariatric evaluations, domestic violence, gay & lesbian, HIV, chronic pain, grief & bereavement, work place issues, post partum depression, addictions (SA, gambling, sexual). We serve all ages: toddlers to geriatric.

Center for Behavior and Medicine

2200 Canton Center Rd. Suite 200 B
Canton, MI 48187
Phone: (734) 981-3800

Family Services-Canton

50430 School House Rd.
Canton, MI 48187
Phone: (734) 495-9526

Dearborn

Arab Community Center for Economic and Social Services (ACCESS)

Adult Mental Health Program & Family Counseling
6450 Maple St.
Dearborn, MI 48126
Phone: (313) 216-2200
Fax: (313) 584-3622
Web site: www.accesscommunity.org

The Adult Mental Health Program is serving the adult population suffering from mental illness, culture adjustment, substance abuse, and domestic violence. We also handle court referral cases. The Adult Program is a comprehensive bilingual English / Arabic outpatient mental health treatment. Commission on Accreditation of Rehabilitation Facilities (CARF) accredits the Mental Health Program.

Dearborn Pastoral Counseling Center

24110 Cherry Hill
Dearborn, MI 48124
Phone: (313) 274-4570
Web site: www.dpcc.us

The Dearborn Pastoral Counseling Center was designed to assist people with their pain and personal struggles, and to guide them toward personal growth and maturity. As an ecumenical outreach ministry, the services of the center are open to everyone regardless of cultural or socioeconomic background, religious beliefs, or church affiliation.

Dearborn Vet Center

2881 Monroe St., Suite 100
Dearborn, MI 48124
Phone: (313) 277-1428
Fax: (313) 277-5471

Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will

provide services after normal work hours and/or on weekends.

Eastwood Clinic Dearborn

5111 Autoclub Dr. (Suite 120, Building #6)
Dearborn, MI 48126
Phone: (313) 583-0735
Web site: www.stjohn.org

Family Services-Dearborn

19855 W. Outer Drive, Suite 104 W.
Dearborn, MI 48124
Phone: (313) 274-5840

Services offered: Offers substance abuse counseling as well as individual and family counseling.

Founded in 1879, Family Service of Detroit and Wayne County serves its community by providing professional counseling in the areas of family, marriage, child and adolescent issues. Our programs include both individual and group counseling.

Henry Ford Behavioral Services

5111 Auto Club Dr., Suite 112
Dearborn, MI 48126
Phone: (313) 317-2000

Mental Health & Substance Abuse Treatment, Abuse Treatment, Mental Health & Substance, Outpatient, Mental Abuse & Substance Abuse Treatment, Substance Abuse Treatment, Mental Health, In/Outpatient Substance

Dearborn Heights

Catholic Social Services

20382 Van Born Rd.
Dearborn Heights, MI 48125
Phone: (313) 792-9286

Individual, family & group therapy. Specialized programs include substance abuse treatment, domestic violence services & older adult services. Psychiatric

and psychological evaluations are also available.

Detroit

Arab-American and Chaldean Council (ACC)

Community Health Center

16921 Warren
Detroit, MI 48228
Phone: (313) 846-8156
Web site: www.myacc.org

Catholic Social Services of Wayne County

9851 Hamilton Ave.
Detroit, MI 48202
Phone: (313) 883-2100
Web site: www.csswayne.org

Individual, family & group therapy. Specialized services include substance abuse treatment & prevention. Psychiatric and psychological evaluations are also available.

Detroit Central City Community Mental Health, Inc.

10 Peterboro St
Detroit, MI 48201
Phone: (313) 831-3160
Web site: www.dcccmh.org

Detroit Central City Community Mental Health (DCC) is a private non-profit agency providing ongoing mental health services, substance abuse treatment and prevention, housing, outreach, Literacy, supported employment and other support services to mentally ill adults in Wayne County.

Detroit East Community Mental Health

11457 Shoemaker

Detroit 48213
Detroit, MI 48214
Phone: (313) 921-4700

Detroit zip codes 48207, 48211, 48213, 48214 & 48215

Client Group: Adults with mental illness & with dual diagnosis. Children (0-17) with emotional disturbance and mental illness. Services: Adults- Outpatient, after care, A.C.T., day program, Fairweather, case management, nursing home consultation, court screening, Telephone Reassurance for Elderly, Consultation & education, Consumer Run. Children- Outpatient, prevention, case mgt., home-based services, Early On-Early Intervention.

Detroit East Community Mental Health

3646 Mt. Elliot
Detroit, MI 48207
Phone: (313) 331-3435

Services: Partial day hospitalization, residential care alternative & consumer run.

Detroit Vet Center

4161 Cass Avenue
Detroit, MI 48201
Phone: (313)-831-6509
Fax: (313)-831-6919

Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

Detroit-Wayne County Community Mental Health Agency

640 Temple
Detroit, MI 48201
Phone: (313) 833-2500
Fax: (313) 833-2217
TDD: (800) 630-1044
24-Hour Crisis Line: (800) 241-4949

Development Centers, Inc.

24424 W McNichols
Detroit, MI 48219
Phone: (313) 531-2500

Service Area: 48223, 48228, and 48239

Family Service, Inc.

Main Office
10900 Harper Ave
Detroit, MI 48213
Phone: (313) 579-5989

Family Service, Inc.

220 Bagley St Suite 700
Detroit, MI 48226
Phone: (313) 965-2141

**Health Services Technical Assistance
Addiction Treatment Services, Inc.**

Herman Keifer Complex
1151 Taylor Building 1
Detroit, MI 48202
Phone: (313) 876-4070
24-Hour Crisis Line: (313) 224-7000

Henry Ford Health System/Behavioral

One Ford Place
Detroit, MI 48202
Phone: (313) 874-6677

John D Dingell VA Medical Center

4646 John R
Detroit, MI 48201
Phone: (313) 576-1000
Web site: www.va.gov

**Latin American for Social and Economic
Development (LASED)**

7150 W Vernor
Detroit, MI 48209
Phone: (313) 841-1430

Latino Family Services

3815 W Fort St
Detroit, MI 48216
Phone: (313) 841-7380

Neighborhood Service Organization

220 Bagley, Suite 1200
Detroit, MI 48226
Phone: (313) 961-4890
Hotline: (313) 224-7000

New Center Community Mental Health

2051 W Grand Blvd
Detroit, MI 48208
Phone: (313) 961-3200

Service Area: 48202, 48203, 48204,
48206, 48208, 48211, 48221, and 48238

New Center Community Mental Health

10001 Puritan
Detroit, MI 48221
Phone: (313) 494-4000

Service Area: 48202, 48203, 48204,
48206, 48208, 48211, 48221, and 48238

**North Central Community Mental Health
Center**

17141 Ryan Rd
Detroit, MI 48212
Phone: (313) 369-1717

Service Area: 48203, 48205, 48211,
48212, 48213, and 48234

**Northeast Guidance Center
Administration**

12800 E Warren Ave
Detroit, MI 48215
Phone: (313) 824-8000
Service Area: 48205, 48212, 48215,
48224, 48225, 48230, and 48236

**Northeast Guidance Center Community
Support Programs**

2670 Chalmers
Detroit, MI 48215
Phone: (313) 824-5620

Service Area: 48205, 48212, 48215,
48224, 48225, 48230, and 48236

Quality Behavioral Health, Inc.

751 E Grand Blvd
Detroit, MI 48207
Phone: (313) 922-2222

Southwest Counseling Solutions

1700 Waterman Ave.
Detroit, MI 48209
Phone: (313) 841-8900
Web site: www.swsol.org

We offer mental health counseling, family literacy, children and youth services, affordable and supportive housing, homeownership services, real estate and commercial development, and many other programs. And, when we cannot accomplish a project or program on our own, we collaborate with other agencies to address identified needs and build effective partnerships.

Southwest Counseling Solutions

Youth Services
2051 Rosa Parks Blvd.
Detroit, MI 48216
Phone: (313) 963-2266
Web site: www.swsol.org

Our programs serve adjudicated youth, youth with severe emotional disturbance, or youth at risk of being placed out of the home and community. Services include intensive case management and court monitoring; the Wraparound Model involves the family and community to help youth, life skills classes and leadership training for youth, individualized plans that address the unique needs of each youth.

Southwest Counseling

Child & Family Services
3627 West Vernor Highway
Detroit, MI 48216

Phone: (313) 554-8511
Web site: www.swsol.org

Our mental health counseling, advocacy and support services help persons of all ages move from a difficult past to self-reliance and well-being. Services include clinical and outpatient services for adults with mental illness, child and family services for children with emotional disorders, Hispanic mental health services for children, youth, adults and families.

Therapeutic Encounters PC

3800 Woodward Ave
Suite 202
Detroit, MI 48201
Phone: (313) 832-0870

Ferndale

Kingswood Hospital

10300 W Eight Mile Rd
Ferndale, MI 48220
Phone: (248) 398-3200

Garden City

Archambault & Associates, PC

St Raphael Church
31530 Beechwood
Garden City, MI 48135
Phone: (248) 827-8801 (24 hours)
Web site: www.a-atherapy.com

Brookfield Clinics at Garden City Hospital

6265 Inkster Rd
Garden City, MI 48135
Phone: (734) 458-3395

Grosse Ile

Archambault & Associates, PC

Sacred Heart Church
21599 Park Lane
Grosse Ile, MI 48138

Phone: (248) 827-8801 (24 hours)
Web site: www.a-atherapy.com

Hamtramck

North Central CMH Adult Services

4321 McNichols
Detroit, MI 48212
Phone: (313) 369-1717

Service Area: 48203, 48205, 48211,
48212, 48213, and 48234

Inkster

Hegira Next Step Clubhouse

1403 Inkster Road
Inkster, MI 48141
Phone: (313) 565-2200

Psychosocial rehabilitation clubhouse model program for adults whose persistent mental illness has impaired their vocational and social functioning. Services include social support, vocational training, job placement, job coaching, case management, medication management and community reintegration.

Starfish Family Services

30000 Hiveley Road
Inkster, MI 48141
Phone: (734) 728-3400
Email: SFS@sfish.org
Web site: www.starfishonline.org

Starfish Family Services (SFS) is a private, nonprofit human service agency, serving children, youth, adults and families from throughout Southeastern Michigan. Starfish Family Services, "continuum of care" is a source for education and training, counseling and treatment, respite and support, inspiration and opportunity for children, parents and other community members.

Lincoln Park

Community Care Services

Administration
26184 Outer Drive
Lincoln Park, MI 48146
Phone: (313) 389-7500
Web site: www.comcareserv.org

Community Care Services

1736 Fort Street
Lincoln Park, MI 48146
Phone: (313) 382-7861
Web site: www.comcareserv.org

Client group: Adults with mental illness & adults with dual diagnosis.

Services: Adults- Outpatient, after care, psychosocial rehabilitation, A.C.T., case management, outreach, Consumer Run & M-Coit Program.

CMH geographic area served: Allen Park, Ecorse, Lincoln Park, Melvindale & River Rouge.

The Guidance Center

26300 Outer Dr
Lincoln Park, MI 48218
Phone: (313) 388-4630

Livonia

Archambault & Associates, PC

St Edith Church
15089 Newburgh Rd
Livonia, MI 48154
Phone: (248) 827-8801 (24 hours)
Web site: www.a-atherapy.com

Eastwood Community Clinic

17250 Farmington Rd
Livonia, MI 48152
Phone: (734) 425-4070

Hegira Livonia Counseling Center

15370 Levan Rd
Livonia, MI 48154
Phone: (734) 744-0170
Crisis: (800) 231-1127 (24 hours)

Oakland Psychological Clinic

29865 Six Mile Rd Suite 112
Livonia, MI 48152
Phone: (734) 522-0280
Web site: www.oakpsych.com

Starfish Family Services Lifespan Clinical Services

18316 Middlebelt Road
Livonia, MI 48152
Phone: (888) 355-LIFE (5433)
Fax: (248) 615-1260
Web site: www.starfishonline.org

Services include outpatient counseling in office, outreach services provided in home to Wayne County families addressing parent-child concerns, parent needs, support, etc.

Fees: Medicaid, uninsured & private pay accepted.

University Psychiatric Center

16836 Newburgh Rd
Livonia, MI 48154
Phone: (734) 464-4220
Toll-Free: (888) 362-7792

Plymouth

Evergreen Counseling Centers

42189 Ann Arbor Rd
Plymouth, MI 48170
Phone: (734) 453-5603

Redford

Lincoln Behavioral Services

9315 Telegraph Rd.
Redford, 48239
Phone: (313) 450-4500
Web site: www.LBSCares.com

Lincoln Behavioral Services provides services to adults with mental illness and children with emotional disturbances. Services provided at five sites: Adults- Three outpatient sites, three A.C.T. programs (one a homeless resource ACT team), a psychosocial rehabilitation "clubhouse," a day program, case management at five sites, two Fairweather sites, two consumer run and mentor sites. Children and families- Outpatient, case management and in home services.

Romulus

Hegira Programs Help Center

9340 Wayne Rd Suite A
Romulus, MI 48174
Phone: (734) 942-7585
Crisis: (734) 397-7777

Southgate

The Guidance Center Main Office

13101 Allen Road,
Southgate, MI 48195
Phone: (734) 785-7700
Web site: www.guidance-center.org

The Guidance Center is a private, non-profit human service agency providing a broad range of services to children, adolescents and adults. Services provided include outpatient mental health and substance abuse treatment, early childhood programs and a work readiness program for adults. Community outreach includes the services of the Critical Incident Team, school-based services, after-school programs, prevention education and a school/community liaison.

The Guidance Center-Southgate
15601 Northline
Southgate, MI 48195
Phone: (734) 785-7331

The Guidance Center in the Aquinas Building features extensive early childhood programs such as Head Start, Michigan School Readiness and Even Start. A juvenile justice program offers case management services for youth who have been adjudicated by the Wayne County Court and referred through the County's Juvenile Assessment Center. A Youth Assistance program and Day Treatment program are also offered. CORE, a unique work readiness program provides training, internships and job placement services for adults who have been unable to obtain or sustain employment.

Taylor

Advanced Counseling Services
20600 Eureka Rd Suite 819
Taylor, MI 48180
Phone: (734) 285-8282

Community Care Services
26650 Eureka, Suite A
Taylor, MI 48180
Phone: (734) 955-3550
Web site: www.comcareserv.org

Client group: Adults with mental illness & adults with dual diagnosis.

Services: Adults- Outpatient, after care, psychosocial rehabilitation, A.C.T., case management, outreach & Consumer Run, IOP substance abuse treatment & early intervention program.

CMH geographic area served: Romulus & Taylor, MI.

Center for Independent and Family Therapy

21751 Ecorse Rd
Taylor, MI 48180
Phone: (313) 291-0979

Wayne

Hegira Behavioral Diagnostic & Psychiatric Intervention Center
33101 Annapolis, Suites A & B
Wayne, MI 48184
Phone: (734) 721-6788
Web site: www.hegira.net

24 hour emergency psychiatric screening, disposition and referral, for children through adults; traditional outpatient services, 24 hours/7days; mental health; substance abuse; problem gambling; 23 hour extended observation and mobile crisis stabilization.

Westland

Hegira Community Support Services (CSS)
8623 N. Wayne Rd, Suite 323
Westland, MI 48185
Phone: (734) 742-0605
Fax: (734) 742-0608
Web site: www.hegira.net

CSS provides supportive counseling and case management services for seriously mentally ill adults. Services are both clinic and community-based, facilitating referral and linkage to community resources and natural supports, encouraging maximization of independence. CSS services are available by appointment. All Wayne County residents meeting SMI criteria are eligible for admission. Services include: Psychiatric Evaluation, Medication Reviews, Nursing Services, Individual and Group Supportive Counseling, Skin Building, Case Management, Medication only component, and Transportation.

Hegira Children's Outpatient Services

8623 North Wayne Road, Suite 123
Westland, MI 48185
Phone: (734) 367-0469
Web site: www.hegira.net

Hegira-Westland Counseling Center (H-WCC)

8623 N. Wayne Road, Suite 310
Westland, MI 48185
Phone: (734) 425-0636
Fax: (734) 425-4771
Web site: www.hegira.net

H-WCC provides assistance to children, adults and families to cope with a wide range of behavioral health problems, including emotional difficulties, substance abuse, family and other life adjustments. This program's services are available by appointment to residents of Wayne County. Services include: Psychiatric Evaluation, Medication Review, Individual, Family and Group Therapy, Case Management, Hospital and Community Service Coordination.

Wyandotte

Henry Ford Wyandotte Hospital

2333 Biddle Ave
Wyandotte, MI 48192
Phone: (734) 246-6000
Web site: www.henryford.com

Monroe County

Monroe County Mental Health Authority

1001 South Raisinville Road
Monroe, MI 48161
Phone: (734) 243-7340 - 24-Hours
Toll Free: (800) 886-7340 - 24-Hours
Web site: www.monroecmha.org

The Monroe Community Mental Health Authority serves individuals with Medicaid insurance, or individuals who are enrolled in the MICHILD program, or individuals who have no insurance and cannot pay for

services. The Monroe Community Mental Health Authority refers most individuals who have other insurance to agencies that are connected to that insurance group. Under special situations, we may serve some individuals who have insurance.

Michigan has a managed care delivery system for mental health and substance abuse services. The State of Michigan Department of Community Health (MDCH) sets rules and regulations that we must follow. This includes the types of services that are provided and the criteria used to determine if someone qualifies to receive services. Medicaid recipients are guaranteed to get services that are medically necessary. For people who have no insurance or MICHILD, there is no guarantee that they will get services if there is no money to provide those services. The WCHO must provide services to as many people as possible within its funds.

We must provide services to as many people as possible within the financial resources that are available. You would not be put on a waiting list if you have Medicaid. You may be put on a waiting list if you do not have Medicaid or you are enrolled in the MICHILD program, and the Monroe Community Mental Health Authority does not have enough money for services.

Caring Alternatives, Inc.

2092 S. Custer Road
Monroe, MI 48161
Phone: (734) 242-8711
Web site: www.caringalternatives.com

Caring Alternatives, Inc.

7400 Lewis Ave.
Temperance, MI 48182
Phone: (734) 847-4986
Web site: www.caringalternatives.com

Professional Therapy provides the opportunity for an individual, couple, or family to identify problems and focus on solutions. To help accomplish this, the therapist teaches skills that enable clients to take control of their behavior and relationships.

Psychological and ADHD testing support services are also available.

Catholic Charities of Monroe County

14930 Laplaignance Road, Suite 123
Monroe, MI 48161
Phone: (734) 240-3850
Email: info@ccmonroe.org
Web site: www.ccmonroe.org

Our programs include Head Start, Older Adult Services, Substance Abuse Treatment, Individual, Family and Group Mental Health Counseling and Parenting Classes.

Family Counseling and Shelter Services

14930 LaPlaignance Road, Suite 106
Monroe, MI 48161
Phone: (734) 241-0180 (Counseling)
Crisis Line: (734) 242-7233 (Domestic Violence)
Web site: www.fcssmc.org

Our nonprofit agency has been providing a wide range of compassionate and confidential social services to Monroe County families, children, and adults for over 40 years. Our focus is on family preservation, and on assuring access to all those in need regardless of financial circumstances or location.

Our counseling and Support Center in the Harwood Plaza provides professional counseling, domestic violence prevention and intervention, and support groups. Our Sunrise House provides a safe haven for domestic violence survivors and their children, and the services essential to recovery, and to empowerment and

independence. Our new Children's Center of Monroe provides a full range of children's services including counseling, play therapy, abuse prevention, and support groups, and Monroe County's first supervised visitation and exchange program.

If you, or a family member, are in need of any of these services, we encourage you to contact us via email or telephone for information or an appointment.

Mercy Memorial Hospital Family Center

700 Stewart Rd
Suite 105
Monroe, MI 48161
Phone: (734) 240-1760
Web site: www.mercymemorial.org

At Mercy Memorial Hospital, we believe that early intervention and treatment can make a positive difference in the lives of persons challenged with mental illness or chemical dependency.

Our comprehensive approach to treatment is designed to meet the special needs of each patient and begins with a careful diagnostic evaluation. Neuropsychological testing, individual group and family therapies, educational programs, activity therapies, and medication management are used as needed to help the patient reduce the effects of symptoms and develop better coping skills.

National

National Alliance on Mental Illness (NAMI)

Colonial Place Three
2107 Wilson Blvd., Suite 300
Arlington, VA 22201-3042
Phone: (800) 950-NAMI (6264)
Email: info@nami.org
Web site: www.nami.org

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots organization for people with mental illness and their families. Founded in 1979, NAMI has affiliates in every state and in more than 1,100 local communities across the country.

State of Michigan

NAMI Michigan

921 N. Washington
Lansing, MI 48906
Phone: (800) 331-4264
Fax: (517) 485-2333
Email: namimichigan@acd.net
Web site: www.mi.nami.org

NAMI Michigan's purpose is to assist affiliates, provide support, promote education, pursue advocacy and encourage research on mental illness.

Michigan Psychological Association (MPA)

Statewide Referral Service
124 West Allegan Street, Suite 1900
Lansing, MI 48933
Phone: (517) 347-1885
Toll Free: (800) 270-9070
Fax: (517) 484-4442
Email:
office@michiganpsychologicalassociation.org
Web site:
www.michiganpsychologicalassociation.org

The Michigan Psychological Association (MPA) Statewide Referral Service is designed to put people in touch with qualified psychologists in their area. All referrals are to licensed psychologists who are members of the Michigan Psychological Association and who have subscribed to the referral service.

DOMESTIC VIOLENCE & SEXUAL ASSAULT

Wayne County

First Step

Plymouth, MI 48170-3840
Phone: (734) 416-1111
Fax: (734) 416-5555
Crisis: (734) 459-5900 or (888) 453-5900
Web site: www.firststep-mi.org

A 24 hour help line is a core service at First Step. For many, it is literally a lifeline. In 2004, First Step staff and volunteers provided crisis intervention, support, information, and safety planning on 15,560 24-hour line and crisis calls.

Victim's Assistance Program (VAP)

(Formerly the Rape Counseling Center)
Phone: (313) 833-1660

Rape Counseling and Homicide
Individual and Group
4707 St. Antoine, Suite M-167
Detroit, MI 48201

Domestic Violence
3627 Cass
Detroit, MI 48201

The Victim's Assistance Program (VAP) is designed to address the needs of individuals, families and communities affected by:

Sexual Assault:

- If you or someone you know has been sexually assaulted, help is available.

The Victim's Assistance Center provides FREE AND CONFIDENTIAL individual and group counseling.

Our services are completely free of charge and our staff of licensed social workers are bound by State of Michigan, Board of Social Work requirements for confidentiality.

Domestic Violence:

- Domestic Violence, also called “intimate partner abuse,” refers to physical, sexual, psychological and economic abuse or control that takes place within an intimate relationship, including marriage.

YWCA/Interim House Metro Detroit

P.O. Box 21904
Detroit, MI 48221
Phone: (313) 862-3580
Fax: (313) 862-4190
Crisis: (313) 861-5300
Web site:

www.ywcadetroit.org/ywca_interim_house.htm

YWCA Interim House celebrated its 25th anniversary in 2004. This program provides shelter for women and children survivors of domestic violence and sexual assault.

Monroe County

Family Counseling and Shelter Services (FCSSMC)

Counseling and Support Center
14930 LaPlaisance Road, Suite 106
Monroe, MI 48161
Phone: (734) 241-0180
Web site: www.fcssmc.org

Sunrise House Domestic Violence Shelter
(Location confidential)

Monroe, MI
Phone: (734) 242-7233 (24 Hours)

Children's Center of Monroe
621 South Monroe Street

Monroe, MI 48161
Phone: (734) 457-KIDZ (5439)

Our counseling and Support Center in the Harwood Plaza provides professional counseling, domestic violence prevention and intervention, and support groups. Our Sunrise House provides a safe haven for domestic violence survivors and their children, and the services essential to recovery, and to empowerment and independence. Our new Children's Center of Monroe provides a full range of children's services including counseling, play therapy, abuse prevention, and support groups, and Monroe County's first supervised visitation and exchange program.

National

National Domestic Violence Hotline (NDVH)

Phone: (800) 799-SAFE (1-800-799-7233)
TTY: (800) 787-3224
Web site: www.ndvh.org

Help is available to callers 24 hours a day, 365 days a year. Hotline advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands. Assistance is available in English and Spanish with access to more than 170 languages through interpreter services.

National Teen Dating Abuse

Phone: (866) 331-9474
TTY: (866) 331-8453
Web site: www.loveisrespect.org

Just for teens. You can talk one-on-one with a trained advocate 24/7 who can offer support and connect you to resources.

Rape, Abuse & Incest National Network (RAINN)

Phone: (800) 656-HOPE (4673)

Email: info@rainn.org

Web site: www.rainn.org

State of Michigan

Michigan Coalition Against Domestic and Sexual Violence (MCADSV)

Web site: www.mcadsv.org

MCADSV is dedicated to the empowerment of all the state's survivors of domestic and sexual violence. Our mission is to develop and promote efforts aimed at the elimination of all domestic and sexual violence in Michigan.

PRESCRIPTION AND CO-PAY ASSISTANCE

Prescription Assistance programs mainly provide prescription assistance services to people without insurance. When a person loses their job they will most likely lose prescription drug coverage, unless coverage is continued under COBRA or their employer has agreed to extend them for a certain amount of time.

Generic Drugs - The Unadvertised Brand

Web site: www.theunadvertisedbrand.com

Did you know?

Generic drugs are held to the same federal Food and Drug Administration standards for safety and performance as the brand names, yet can sell for 30-80 percent less.

Generic drugs are made with the same active ingredients and produce the same effects in the body as their brand-name equivalents. By federal law, each generic drug is laboratory-tested to ensure the

same amount of drug will be absorbed into the bloodstream. The difference? Name and price.

Many stores now have low cost generic drugs. Target, Wal-Mart, Meijer, Kmart, Kroger, and possibly more to follow. Find your local store and call to see what medicines you might be able to get for \$4-\$6 a month. Meijer also offers FREE antibiotics and pre-natal vitamins.

Wayne County

World Medical Relief Affordable Prescriptions Program

11745 Rosa Parks Blvd.

Detroit, Michigan 48206-1270

Phone: (313) 866-5333

Fax: (313) 866-5588

Email: info@worldmedicalrelief.org

Web site: www.worldmedicalrelief.com

Safe: State-licensed pharmacy

Affordable: \$8.30 per RX

Convenient: Mailed directly to your home

You may qualify if you:

- Are 18 years of age or older
- Earn \$19,000 or less per year if you are an individual; \$31,000 for a couple. (Add \$300 for each additional dependent).
- Do not have prescription drug coverage, even though you may have health insurance.
- Are not currently enrolled in Medicaid

State of Michigan

Michigan Drug Prices

Web site: www.michigandrugprices.com

As most consumers know, the prices of prescription drugs can vary from pharmacy to pharmacy. The Michigan Department of

Community Health (MDCH) has created this website to help the citizens of Michigan compare prices among pharmacies, since drug prices typically are not advertised or even displayed.

The drugs selected for this website are 150 of the most commonly prescribed drugs in Michigan as reported by MDCH's Medical Services Administration; prices are obtained from Medicaid prescriptions and represent many of the State's retail pharmacies. This web site allows citizens to search for information on particular listed drugs in a geographic region by pharmacy.

Since some of the prices listed on this website could be up to 6 months old, consumers should call ahead to their pharmacy of choice to check the latest prescription drug price - before traveling to purchase a prescription drug.

MiRx (My Prescription)

MiRx Enrollment
P.O. Box 30412
Lansing, MI 48909
Web site:

www.mihealth.org/mirx/index.html

The MiRx (My Prescription) Card is a new prescription drug discount program for Michigan residents who do not have any prescription drug coverage.

The MiRx Card program is free. There is no cost for the card. There is no cost to enroll in the program. And, the MiRx card is easy to use. MiRx card holders will take their prescription and their MiRx card to their local participating pharmacy. The pharmacist will fill the prescription and charge the MiRx discounted price. The discount is good on any medicine the pharmacist stocks and your doctor prescribes. Over-the-counter drugs are not covered even if they are prescribed by your doctor.

When you present your MiRx card at participating pharmacies you can expect to save about 20 percent off the retail price of common prescription drugs. Savings will typically be between 5 and 25 percent. Savings depend on the kinds of medicines used, and if they are generic or brand-name drugs.

Participating pharmacies will be listed on the Department of Community Health web site (www.michigan.gov/mdch).

Rx Canada Direct

23541 Ford Rd., Suite A
Dearborn, MI 48128
Phone: (313) 724-8860

Helps people fill U.S. scripts in Canada & other places.

National

1020 RX Prescription Plan

330 East 63rd Street, Suite 1H
New York, NY 10065
Phone (800) 710-2079
Web site: www.1020rx.com

The 1020 RX Tiered Pricing Pharmacy Plan saves you money and takes the guess work out of paying for prescription medications. Our program segments brand name and generic drugs into three price classifications making it easy for you to consult with your health care provider to find the most effective medication at the lowest cost. Discounts also apply to drugs not listed in one of the following tiers, as well as, maintenance medications purchased through the mail order pharmacy program.

AARP Prescription Discount Program

Phone: (800) 289-8849
Web site: www.aarp-pharmacy.com

AARP members who use the AARP Prescription Discount Program, provided through Walgreens Health Initiatives, can enjoy exclusive savings on FDA-approved medications through thousands of retail pharmacies or Walgreens Mail Service. Find participating pharmacies, check drug costs, order mail service prescriptions and more through the program web site.

The AARP Prescription Discount Program was created to provide AARP members exclusive discounts on FDA-approved prescription medications and specialty drugs at participating retail network pharmacies.

Three methods to access this service:

- A prescription discount card will be sent to you automatically when you enroll in one of the AARP-branded health plans.
- Purchase a prescription discount card for an annual fee.
- Purchase your prescriptions through our mail-only service.

American Drug Club

Phone: (866) 339-3356

Fax: (866) 771-7703

Email: info@americandrugclub.com

Web site: www.americandrugclub.com

American Drug Club can help you save up to 90% on prescription drugs from Canada.

Benefits CheckUp

A Service of the National Council on Aging

Email: comments@benefitscheckup.org

Web site: www.benefitscheckup.org

If you have Medicare and have a limited income and resources, you may be able to get Extra Help paying for your Medicare prescription drug costs. Your income must be less than \$16,245 if single and \$21,855 if married and you must have resources

less than \$12,510 if single and \$25,010 if married (Resource limits include a \$1,500 burial allowance (for singles) and a \$3,000 burial allowance (for couples)). If you qualify, you will have low or no deductible, low or no premiums, no coverage gap (also called the "donut hole"), and will pay much less for your prescriptions.

Canadian Drugs USA

1134 E. Big Beaver Road

Troy, MI 48083

Phone: (800) 447-1652

Fax: (888) 706-0585

Email: Info@canadiandrugsusa.com

Web site: www.CanadianDrugsUSA.com

Canadian Drugs USA is a U.S. based company that offers a simple, inexpensive method of ordering prescription medications delivered straight to your home or office. Our service has been approved by the government and physicians alike. Strict Canadian pharmaceutical legislation mandates that your prescription be reviewed by our affiliated licensed Canadian physician and filled by our licensed affiliated pharmacy. U.S. and Canadian federal regulations mandate that our pharmacy use only government approved drugs. All drugs are quoted and purchased in American dollars.

All prescriptions for www.CanadianDrugsUSA.com will be filled by:

Granville Pharmacy

Suite 205 3077 Granville Street

Vancouver, BC, Canada V6H 3J9

Phone: (888) 730-3338

Caring Voice Coalition

8249 Meadowbridge Road

Mechanicsville, VA 23116

Phone: (804) 427-6468

Toll Free: (888) 267-1440

Email: CVInfo@caringvoice.org

Web site: www.caringvoice.org

The Caring Voice Coalition, Inc.© is a national 501(c)(3) non-profit, charitable organization, established in 2003 to serve the comprehensive needs of individuals affected by serious, chronic disorders.

The Caring Voice Coalition Financial Assistance Program provides financial help to eligible patients. Caring Voice Coalition may pay a portion or all of a patient's share of cost under the patient's health insurance plan. A patient can receive financial support through one of our grants programs listed below.

- Insurance premium assistance
- Insurance co-payment assistance
- Medicare prescription drug assistance

Insurance premium assistance: An insurance "premium" is the amount paid, usually on a monthly basis, in order to maintain the coverage. Our insurance premium assistance grants are designed for situations when a patient has access to comprehensive health insurance coverage but does not have enough personal income to pay the premium required to maintain the coverage.

Chronic Disease Fund

10880 John W. Elliott Drive
Suite 400
Frisco, TX 75034
Phone: (972) 712-0201
Toll Free: (877) 968-7233
Email: info@cdfund.org
Web site: www.cdfund.org

Medication co-pay assistance for the underinsured

The Chronic Disease Fund is one of the few charitable organizations to provide direct and immediate financial assistance to underinsured patients with chronic

disease, cancers or life-altering conditions who cannot afford the co-payments for the expensive medications they need.

Patients who cannot afford their medications must fight two battles— their disease and the financial burden it places on their families. Though most patients with chronic or life-altering diseases have private insurance or a Medicare Part D plan, it is estimated that over 35% still cannot afford the co-pays or deductibles for their medications.

The HealthWell Foundation®

P.O. Box 4133
Gaithersburg, MD 20878
Phone: (800) 675-8416
Fax: (800) 282-7692
Email: info@healthwellfoundation.org
Web site: www.healthwellfoundation.org

The HealthWell Foundation® is a 501(c)(3) non-profit organization established in 2003 to address the needs of individuals who cannot afford their insurance copayments, premiums, coinsurance, or other out-of-pocket health care costs for specific illnesses.

Merck Patient Assistance Program

Merck & Co., Inc.
One Merck Drive
P.O. Box 100
Whitehouse Station, NJ 08889
Phone: (800) 727-5400
Web site:
www.merck.com/merckhelps/patientassistance/home.html

Sometimes, affording prescription medicines can be difficult. That's why at Merck, we have created the Patient Assistance Program—to keep affordable medicines within your reach. This private and confidential program provides medicine free of charge to eligible individuals, primarily the uninsured who, without our assistance, could not afford

needed Merck medicines. Individuals who don't meet the income or insurance criteria may still qualify for the Merck Patient Assistance Program if they attest that they have special circumstances of financial and medical hardship, and their income is not above a set upper limit. A single application may provide for up to one year of medicine free of charge to eligible individuals and an individual may reapply as many times as needed. A partial list of the Merck medicines offered in this program is included on this Web site.

National Organization for Rare Disorders (NORD)

55 Kenosia Avenue
PO Box 1968
Danbury, CT 06813-1968
Phone: (203) 744-0100
Toll Free: (800) 999-6673 (voicemail only)
TDD: (203) 797-9590
Fax: (203) 798-2291
Web site: www.rarediseases.org

The National Organization for Rare Disorders (NORD), a 501(c) 3 organization, is a unique federation of voluntary health organizations dedicated to helping people with rare "orphan" diseases and assisting the organizations that serve them. NORD is committed to the identification, treatment, and cure of rare disorders through programs of education, advocacy, research, and service.

Needy Meds

P.O. Box 63716
Philadelphia, PA 19147
Web site: www.needymeds.com

NeedyMeds is a 501(c) (3) non-profit with the mission of helping people who cannot afford medicine or healthcare costs. The information at NeedyMeds is available anonymously and free of charge.

Partnership for Prescription Assistance

Phone: (888) 477-2669

Web site: www.pparx.org

The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them. Many will get them free or nearly free. Its mission is to increase awareness of patient assistance programs and boost enrollment of those who are eligible. Through this site, the Partnership for Prescription Assistance offers a single point of access to more than 475 public and private patient assistance programs, including more than 180 programs offered by pharmaceutical companies. To access the Partnership for Prescription Assistance by phone, you can call toll-free, 1-888-4PPA-NOW (1-888-477-2669).

Patient Access Network Foundation

PO Box 221858
Charlotte, NC 28222
Phone: 866-316-PANF (7263)
Email: contact@patientaccessnetwork.org
Web site: www.patientaccessnetwork.org

Patient Access Network (PAN) Foundation is an independent, not-for-profit established in 2004, dedicated to assisting patients who cannot afford the out-of-pocket costs associated with their treatment needs. With 20 disease-specific funds, PAN assists the underinsured in accessing health care treatments. Throughout all 50 states and three U.S. territories PAN provides trained case managers that patients or advocates may speak with about their care. PAN provides hope at times when people have nowhere else to turn.

Patient Advocate Foundation

700 Thimble Shoals Boulevard
Newport News, Virginia 23606
Phone: (800) 532-5274
Fax: (757) 873-8999
Email: help@patientadvocate.org
Web site: www.patientadvocate.org

Patient Advocate Foundation offers assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening or debilitating diseases.

Patient Advocate Foundation Co-Pay Relief

700 Thimble Shoals Boulevard
Newport News, Virginia 23606
Phone: (757) 952-0118
Toll Free: (866) 512-3861
Fax: (757) 952-0119
Web site: www.copays.org

The Patient Advocate Foundation (PAF) Co-Pay Relief Program (CPR) currently assists insured patients who are financially and medically qualified and are being treated for breast, lung, prostate, kidney, colon, pancreatic, head/neck cancers, malignant brain tumor, sarcoma, diabetes, multiple myeloma, myelodysplastic syndrome (and other pre-leukemia diseases), osteoporosis, pain, hepatitis C, rheumatoid arthritis, selected autoimmune disorders and CIA/CIN.

Patient Services Incorporated

P.O. Box 1602
Midlothian, VA 23113
Phone: (800) 366-7741
Email: uneeedpsi@uneeedpsi.org
Web site: www.uneeedpsi.org

PSI is the "ground breaking" 501(c) (3) non-profit, charitable organization of its kind. For nearly two decades, PSI has helped people who live with certain chronic

illnesses or conditions locate suitable health insurance coverage and access ways to satisfy expensive co-payments. PSI provides assistance with the cost of health insurance premiums associated with COBRAs, State High Risk Pools, Open enrollment, Guaranteed Issue policies, HIPAA conversion policies; and prescriptions co-payments associated with private insurance as well as with Medicare Parts B and D.

Rx Hope

P.O. Box 5836
Somerset, NJ 08875
Phone: (732) 507-7400
Fax: (732) 507-7600
Email: CustomerService@RxHope.com
Web site: www.rxhope.com

RxHope is exactly what its name implies...a helping hand to people in need in obtaining critical medications that they would normally have trouble affording. Acts as your advocate in making the patient assistance program journey easier and faster by supplying vital information and help.

Together Rx Access, LLC

PO Box 9426
Wilmington, DE 19809-9944
Phone: (800) 444-4106
Web site: www.togetherrxaccess.com

Thousands of eligible hardworking people with no prescription drug coverage are now saving on the medicines they need with the Together Rx Access® Card.

Most cardholders save 25%–40%* on brand-name prescription products.

- Over 300 prescription products are included
- Savings are available on generic drugs as well

*Each cardholder's savings depend on such factors as the particular drug purchased, amount purchased, and the pharmacy where purchased.

Participating companies independently set the level of savings offered and the products included in the Program. Those decisions are subject to change.

UnitedHealthcare Children's Foundation

MN012-S286

PO BOX 41

Minneapolis, MN 55440-0041

Web site: www.uhccf.org

The UnitedHealthcare Children's Foundation is a non-profit Section 501(c)(3) charity funded by contributions from UnitedHealth Group, UnitedHealthcare and its employees, as well as the generosity of individuals and corporations. Children who have medical needs are sometimes not insured comprehensively to provide coverage for all of their medical treatments. There are few places for families who have gaps in their commercial health benefit plan coverage to turn to for funding medically necessary services for their children. Children may go without necessary treatment, or, they receive the care and families assume a large amount of debt. The Foundation understands these needs and is willing to help fill this void.

SUBSTANCE ABUSE

Substance abuse is a serious addiction that affects millions of Americans everyday. It not only affects the life of those addicted, but also the lives of their friends and family. Job loss may be a difficult time for substance abusers or those recovering and they may cope with the stress of job loss by using substances. If you or someone you know has a substance abuse problem, seek help immediately.

Central Diagnostic and Referral Unit (CDR)

Southeast Michigan Community Alliance (SEMCA)

25363 Eureka Rd.

Taylor, MI 48180

24-Hour Hotline: (800) 686-6543

Email: info@semca.org

Website: www.semca.org/sas.htm

SEMCA is the regional Coordinating Agency (CA) designated by the Michigan Department of Community Health/Bureau of Substance Abuse Services (MDCH/BSAS) to administer federal and state substance abuse treatment and prevention programs. SEMCA services low income and Medicaid clients residing in Monroe County and Wayne County (excluding the city of Detroit).

SEMCA provides a wide range of services through contracted agencies for individuals who are unable to afford services due to limited or no income or receiving Medicaid.

Treatment services are provided on a sliding fee scale basis.

These services are:

- Screening, Assessment, Referral and Follow-up
- Outpatient Individual, Family and Group Treatment
- Intensive Outpatient Treatment (Adult and Adolescent)
- Women's Intensive Outpatient Treatment
- Intensive Outpatient with Domiciliary Care
- Sub-Acute Detox
- Short-term Residential Services
- Opiate Detoxification
- Methadone Maintenance Therapy
- Case Management

Substance Abuse services are available to all individuals in the community. Preference for admission into a substance abuse treatment program will be given to:

- Pregnant Injecting Drug Users
- Pregnant Substance Abusers
- Injecting Drug Users
- Parents whose child has been removed from the home, or at risk of being removed by Child Protective Services because of parent's substance abuse.

SEMCA's substance abuse programs also provide additional counseling for HIV/AIDS, Hepatitis B and C, Tuberculosis and other infectious diseases.

Low income or Medicaid individuals needing publicly funded services may contact the Central Diagnostic and Referral program.

Downriver

Downriver Alano Club

2060 Council
Lincoln Park, MI 48146
Phone: (313) 381-9782

Maple Grove Day Camp of Downriver

Phone: (734) 282-5497

Summer day camp for children in families struggling with alcohol and/or drug use or abuse. Parent group also offered. Programs are free.

Dearborn

Insight Recovery Center

23400 Michigan Ave., Suite 405
Dearborn, MI 48124
Phone: (248) 524-9530
Web site: www.therecoverypeople.org

Detroit

Alanon/Alateen Detroit

Web site: www.detroitafg.addr.com

Detroit Department of Human Services

Gratiot Substance Abuse Clinic
3506 Gratiot
Detroit, MI 48207
Phone: (313)887-1151 Detoxification
Program Information
Phone: (313)876-4070 Detoxification
Central Intake and Assessment Unit

Provides outpatient drug abuse treatment utilizing detoxification, methadone maintenance, and drug-free modalities. Services include: physician and nursing services; AIDS antibody testing; health education; individual and group counseling; psychological services; Fellowship Anonymous self-help aftercare meetings; and vocational rehabilitation counseling.

Detroit residents age 18 and over who do not have private health insurance coverage for substance abuse treatment services. No income restrictions.

Intake -- must be referred by Detroit Department of Health and Wellness Promotion, Central Intake and Assessment Unit at (313) 876-4070.

Detroit Health Department Bureau of Substance Abuse

Central Diagnostic and Referral Program
8809 John C Lodge Street
Herman Keifer Hospital, Building 5
Detroit, MI 48202
Phone: (313) 876-4227
Intake: (313) 876-4070

Substance Abuse services for Wayne County residents are accessed through one of two Coordinating Agencies. Southeast Michigan Community Alliance (SEMCA) is the Coordinating Agency for

Wayne County, outside of Detroit. The Detroit Health Department, Bureau of Substance Abuse Prevention, Treatment & Recovery is the Coordinating Agency for the City of Detroit.

Detroit LIGHT House Program

3750 Woodward Ave., Suite C40
Detroit, MI 48201
Phone: (313) 832-1300

Light House is a non-profit organization founded in 1990 which offers day treatment, intensive outpatient programs (with a domicile near WSU and 3/4 houses in Detroit) and an outpatient program for adults seeking substance abuse treatment. The Light House utilizes the nursing intervention called "The Personalized Nursing Light Model" as its approach with all clients. Light House accepts Medicaid, Compcare, SEMCA, Value Options and Detroit block grant (BSAS).

Detroit Rescue Mission Ministries

Web site: www.drmm.org

Administration

150 Stimson
Detroit, MI 48231
Phone: (313) 993-6703

Detroit Rescue Mission

3535 Third Ave
Detroit, MI 48231
Phone: (313) 993-6703

Detroit Rescue Mission Genesis II

2015 Webb St
Detroit, MI 48206
Phone: (313) 993-6703

Detroit Rescue Mission Genesis III

3840 Fairview St
Detroit, MI 48214
Phone: (313) 993-6703

Services for addicted people at Detroit Rescue Mission Ministries include two

major programs – sub-acute substance abuse detoxification and substance abuse treatment. A wide variety of agencies such as the Michigan Department of Corrections, Southeast Michigan Coordinating Agency, and Detroit Bureau of Substance Abuse Prevention, Treatment and Recovery provide referrals and funding for treatment for specific populations. Addicted people who do not meet their guidelines and have no insurance are provided treatment through funds from our individual donors.

Eastwood Clinics

Detroit Conner Creek Village
4777 E. Outer Drive
Detroit, MI 48234
Phone: (313) 369-5000
Web site: www.stjohn.org/EastwoodClinics

Education Training Research Services

2667 W. Grand Blvd.
Detroit, MI 48208
Phone: (734) 462-4290

Clientele is mainly referred by the Courts of Michigan for a variety of offenses including: Drunk driving and other substance related offences, domestic violence, anger management and economic crimes. Services include specific groups for these offenses as well as substance abuse screening and assessments, driver's license restoration assessments and random drug testing program.

Eleonore Hutzel Recovery Center

University of Detroit Health Center
4201 St. Antoine Street
Detroit MI 48201
Phone: (313) 745-7411
Crisis: (313) 745-3546

An intensive outpatient program for women and their children. The agency also provides a domicile for families, which is six miles from the outpatient facility and

outpatient treatment and methadone for pregnant women along with prenatal care.

Elmhurst Home, Inc.

12017 Linwood Street
PO Box 06716
Detroit, MI 48206
Phone: (313) 867-1090 Ext. 105

An Afro-centered residential, intensive-outpatient and outpatient treatment program for men and women in entirely separate, gender specific programs. Clients must be at least 18 years old and addicted to crack cocaine, alcohol or other drugs.

Emmanuel House

Recovery House Program
18570 Fitzpatrick Court
Detroit, MI 48228
Phone: (313) 270-4099
Hotline: (313) 270-4099

17800 Woodward Ave
Detroit, MI 48203
(313) 865-6136

Substance abuse treatment, Halfway house

Type of Care: Residential long-term treatment (more than 30 days)

Harper University Hospital

3990 John R
Detroit, MI 48201
Phone: (313) 745-6035
Web site: www.harperhospital.org/harper

Heartline, Inc.

8201 Sylvester Street
Detroit MI 48214
Phone: (313) 923-4200
Web site: www.lssm.org

Substance abuse treatment services & halfway house for women

Residential long-term treatment (more than 30 days)

Henry Ford Health System Behavioral Health Clinic

One Ford Place
Detroit, MI 48202
Phone: (313) 874-6677

Insight Recovery Center

3031 W. Grand Blvd., Suite 423
Detroit, MI 48202
Phone: (248) 524-9530
Web site: www.therecoverypeople.org

Jefferson House

8311 E Jefferson Ave
Detroit, MI 48214
Phone: (313) 331-8900
Web site: www.cskdetroit.org

Substance Abuse Treatment. Rehabilitation program for indigent men suffering from drug and/or alcohol abuse.

John D. Dingell VA Medical Center

Chemical Dependence Treatment Services
4646 John R
Detroit, MI 48201
Phone: (313) 576-1000
Toll Free: (800) 511-8056
Fax: (313) 576-1025
Web site: www.va.gov

Mariners Inn

445 Ledyard Street
Detroit, MI 48201
Phone: (313) 962-9446
Fax: (313) 962-6395
Email: info@marinersinn.org
Web site: www.marinersinn.org

The Residential Treatment Program is the first step for men entering Mariners Inn. Our treatment program services men who are homeless, at least 18 years of age, and chemically dependent. This program provides 80 beds for up to 90 days of treatment.

Ten of our beds are generally reserved as emergency beds that can be occupied for up to ten days. These beds are often used by Alumni who are still in recovery, but due to extenuating circumstances, need short-term shelter.

Metro East Substance Abuse Treatment Corporation

13627 Gratiot Avenue
Detroit MI 48205
Phone: (313) 371-7770

Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification

Metropolitan Arts Complex Inc.

Main Office
11000 West McNichols Road, Suites 2, 3 and 4
Detroit MI 48221
Phone: (313) 863-5554

Mental health and substance abuse services

Nardin Park Recovery Center (NPRC)

9605 W Grand River Ave
Detroit, MI 48204
Phone: (313) 834-5930

National Council on Alcoholism

Administration
4777 East Outer Drive, 4th Floor
Detroit, MI 48234
Phone: (313) 369-5400
Website: www.ncadd-detroit.org

The National Council on Alcoholism and Drug Dependence-Greater Detroit Area is a voluntary, non-profit agency committed to improving health through providing substance abuse prevention, education, training, treatment and advocacy for the metropolitan Detroit area.

National Council on Alcoholism

F.A.M.I.L.Y

18954 James Couzens Highway
Detroit, MI 48235
Phone: (313) 345-9400
Web site: www.ncadd-detroit.org

F.A.M.I.L.Y is a comprehensive outreach parent education program designed to empower parents as alcohol and other drug prevention specialists and youth advocates. The family program is implemented in eight weekly, two-hour workshops.

**National Council on Alcoholism
Impact Adolescent Residential Center**

5555 Conner Street
Detroit MI 48213
Phone: (313) 921-8102
Website: www.ncadd-detroit.org

The IMPACT Adolescent Health Center is a state-licensed 40-bed residential treatment facility for children ages 12 – 17, with chemical dependency issues. Offering a full range of quality treatment services, the Adolescent Substance Use Disorder program includes comprehensive screening, psychosocial assessment, and individual treatment planning based on the goals of abstinence or harm-reduction.

**National Council on Alcoholism
Vantage Point Treatment Center**

16647 Wyoming Street,
Detroit, MI 48221
Phone: (313) 341-9891
Web site: www.ncadd-detroit.org

Vantage Point is an intensive outpatient 12 hour, 12 week treatment program, providing group, individual & didactic treatment. Phone 313-341-9891 for further information.

New Life Home for Recovering Women, Inc.

17131 Gitre
Detroit, MI 48025

Phone: (313) 245-HELP (4357)
Web site: www.newlifehome.net

Located in Detroit, Michigan, New Life Home is a fully accredited residential program offering continuum care for women recovering from substance abuse. Guided by professional counselors, residents find new mental, physical and spiritual tools, fresh insight and awareness to help them face life with confidence.

New Life Recovery

6690 Michigan Ave
Detroit, MI 48210
Phone: (313) 895-6043

Northwest Clinic Drug Treatment Program

Department of Human Services
14602 Greenfield Road
Detroit, MI 48227
Phone: (313) 852-4476

Services Provided: Substance abuse treatment, Detoxification, Methadone Maintenance

Special Programs/Groups: Persons with HIV/AIDS, Women, Men

Payment Assistance: Sliding fee scale based on income and other factors, Payment assistance

Special Language Services: ASL or other assistance for hearing impaired, Arabic, Chinese, German, Hmong, Korean, Portuguese, Russian, Spanish, Vietnamese

Parkview Counseling Center

18609 West 7 Mile Road
Detroit MI 48219
Phone: (313) 532-8015

Substance abuse treatment, Methadone Maintenance

Partnership for a Drug Free Detroit

Substance Abuse Treatments
Detroit Residents: 1-800-467-2452
Outside Detroit: 1-888-736-0253
Web site: www.drugfreedetroit.org

Positive Images, Inc.

Administrative Office
13336-13340 E. Warren
Detroit, MI 48215
Phone: (313) 822-6940
Fax: (313) 822-6946
Email: admin@positiveimagesinc.net
Web site: www.positiveimagesinc.net

Domicile & Residential Services

694 E. Grand Boulevard
Detroit, MI 48207
Phone: (313) 822-6940
Fax: (313) 822-6946

Quality Behavioral Health

751 East Grand Blvd.
Detroit, MI 48207
Phone: (313) 922-2222

Substance abuse treatment, detoxification

Salvation Army Harbor Light Evangeline Center

3737 Lawton Street
Detroit, MI 48208
Phone: (313) 361-6136
Web site: www.usc.salvationarmy.org

Inpatient treatment for women and families with substance abuse problems. On-site day care.

Self Help Addiction Rehabilitation (SHAR)

Main
1852 West Grand Boulevard
Detroit, Michigan 48208
Phone: (313) 894-8444
Fax: (313) 894-5542
Email: info@sharinc.org
Web site: www.sharinc.org

Self Help Addiction Rehab (SHAR)
East
4216 McDougall
Detroit, Michigan 48207
Phone: (313) 923-6300
Fax: (313) 923-8560

Since its inception, SHAR's mission has remained "the establishment and operation of quality substance abuse treatment facilities and programs providing necessary support services for all clients ..., regardless of their ability to pay".

Sobriety House
2081 West Grand Blvd.
Detroit, 48208
Phone: (313) 895-0500

Sobriety House is a 55 bed residential treatment program for chemically dependent men.

Southwest Detroit Alano Club
7851 Senator
Detroit, MI 48209
Phone: (313) 842-1433

Star Center, Inc.
13575 Lesure Street
Detroit, MI 48227
Phone: (313) 493-4410

Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification

University Physician Group
2761 E. Jefferson Ave.
Detroit, MI 48207
Phone: (888) 362-7792 Information & Intake

Offers outpatient programs which provide assistance and support during the withdrawal period for individuals who are

physically dependent on alcohol and/or drugs. Services include supervised detoxification, intensive individual and group counseling, and withdrawal maintenance medications. Agency also offers free treatment and withdrawal maintenance medications to cocaine and opiate abusers as part of research.

No restrictions. Research volunteers must be low-income.

\$90/week. Accepts Medicaid, Blue Cross-Blue Shield, and most other third party insurances. No fees for research volunteers.

Garden City

Garden City Hospital Brookfield Clinic
6245 North Inkster Rd.
Garden City, MI 48135
Phone: (734) 421-3374
Web site: www.brookfieldclinics.org

Structured outpatient chemical dependency services include individual, group and educational sessions, court evaluations, driver's license evaluations and seminars for court referred clients. Free bus shuttle service for Garden City and adjacent communities.

Hamtramck

**BAPCO Baptist Pastors' Council
Substance Abuse Treatment and
Prevention Program**
17357 Klinger
Hamtramck, MI 48212
Phone: (313) 368-5160

My Miracle Rehabilitation Center
My Miracle Rehabilitation Center
3001 Caniff Street
Hamtramck, MI 48212
Phone: (313) 368-5160
Phone: (313) 366-0755

Substance abuse treatment, detoxification and methadone maintenance and detox - outpatient programs for adolescents, Gay and lesbian, women and men including DUI/DWI offenders and criminal justice clients

Highland Park

Black Family Development, Inc.

Substance Abuse Services
211 Glendale Suite 206
Highland Park, MI 48203
Phone: (313) 868-3223
Fax: (313) 868-8891
Web site:
www.blackfamilydevelopment.org

Black Family Development, Inc. offers services adults men and women (18 years and over) to help the individual achieve and sustain sobriety.

Eligibility Criteria: Medicaid or no insurance. Reside in Detroit, Hamtramck and Highland Park.

Detroit Rescue Mission Ministries (DRMM)

3535 Third Street,
Detroit, MI 48231
Phone: (313) 993-4700
Website: www.drmm.org

The Mission serves homeless and addicted men, neighborhood residents (including homeless people). The Mission also provides transitional housing for men. Referrals are accepted from social service agencies, the police, churches and the homeless hotlines. This 30 day residential substance abuse treatment program houses 28 men. Services include individual counseling sessions, didactics, support group activities and work therapy.

New Light Recovery Center

300 West McNichols Rd.
Detroit, MI 48203
Phone: (313) 867-8015
Website: www.nlrc.net

New Light Recovery Center, Inc. is a community-based outpatient substance abuse treatment program servicing persons in metropolitan Detroit. New Light Recovery Center, Inc. is the first methadone treatment program to be accredited by CARF in the State of Michigan.

Rainbow Recovery

1250 Hamilton
Highland Park, MI 48203
Phone: (313) 865-1580

Livonia

Arbor Medical of Livonia

27550 Joy Rd
Livonia, MI 48150
Phone: (734) 261-3290

Education Training Research Services

39319 Plymouth Road, Suite 4
Livonia, MI 48150
Phone: (734) 462-4290

Clientele is mainly referred by the Courts of Michigan for a variety of offenses including: Drunk driving and other substance related offences, domestic violence, anger management and economic crimes. Services include specific groups for these offenses as well as substance abuse screening and assessments, driver's license restoration assessments and random drug testing program.

St. Mary Mercy Hospital

Department of Behavioral Medicine & Chemical Dependency Services
36475 Five Mile Road
Livonia, MI 48154
Phone: (734) 655-4800

Website: www.stmarymercy.org

St. Mary Mercy Hospital provides both inpatient and outpatient chemical dependency programs. The mental health unit provides mental health services for adults age 18 and over, featuring a 31-bed, acute care, inpatient psychiatric unit and a 10-bed chemical dependency unit. Emergency psychiatric care is available 24 hours.

Lincoln Park

Community Care Services

26184 West Outer Drive
Lincoln Park, MI 48146
Phone: (313) 389-7525
Fax: (313) 389-7515
24 Hour Hotline: (313) 224-7000

Referral: Self-referrals accepted, referrals from hospitals and community agencies
Contact: Ask for the Access Department
Eligibility: No age restrictions
Serves: River Rouge, Ecorse, Lincoln Park, Southgate, Wyandotte, Taylor, Belleville, Dearborn, Grosse Ile, and Livonia
Fees: Sliding scale fees

Advocacy, case management, outpatient alcoholism and substance abuse treatment programs, counseling, mental health drop-in centers, outpatient mental health facilities, psychological testing, public awareness/education.

Plymouth

Personalized Nursing LIGHT House, Inc.

575 S Main St Suite 6
Plymouth, MI 48170
Phone: (734) 451-7800
Toll-Free: 1-800-467-7654
Web site: www.pnc-wbi.com

Light House is a non-profit organization founded in 1990 which offers day treatment, intensive outpatient programs (with a domicile) and an outpatient program for adults seeking substance abuse treatment.

Redford

Redford Counseling Center

25945 Seven Mile Rd
Redford, MI 48240
Phone: (313) 535-6560

Romulus

Salvation Army Adult Rehabilitation Center

5931 Middlebelt Road
Romulus, MI 48174
Phone: (734) 729-3939
Web site: www.usc.salvationarmy.org

Residential rehabilitation program with 111 bed capacity. Contact (734) 729-3939 for intake information.

Taylor

Education Training Research Services

20600 Eureka Road, Suite 409
Taylor, MI 48180
Phone: (734) 462-4290

Clientele is mainly referred by the Courts of Michigan for a variety of offenses including: Drunk driving and other substance related offences, domestic violence, anger management and economic crimes. Services include specific groups for these offenses as well as substance abuse screening and assessments, driver's license restoration assessments and random drug testing program.

Southeast Michigan Community Alliance (SEMCA)

Regional Coordinating Agency
25363 Eureka Rd.
Taylor, MI 48180
Phone: (734) 229-3500
Toll Free: (800) 686-6543
Web site: www.semca.org/sas.htm

SEMCA is the regional Coordinating Agency (CA) designated by the Michigan Department of Community Health/Bureau of Substance Abuse Services (MDCH/ODCP) to administer federal and state substance abuse treatment and prevention programs. SEMCA services clients residing in Wayne County (excluding the city of Detroit) and Monroe County.

Wyandotte

Wyandotte Henry Ford Hospital

Behavioral Services
2333 Biddle Avenue
Wyandotte, MI 48192
Phone: (734) 246-7311
Website: www.henryfordwyandotte.com

As part of a general medical hospital, the behavioral services unit offers comprehensive inpatient mental health services, with emphasis on adult treatment, co-morbid substance abuse, and specialized treatment for the geriatric patient. In addition, we offer electroconvulsive therapy and support groups for both substance abuse and for dementia/Alzheimer's caregivers.

Monroe County

Salvation Army Harbor Light

25 South Monroe Street, Suite 309
Monroe, MI 48161
Website: www.usc.salvationarmy.org

Provides outpatient detoxification services.

Individual and group outpatient counseling and educational programs for substance abusing persons. Medically stable men and women age 17 and over. No geographic restrictions, but priority given to Monroe County residents.

Southeast Michigan Community Alliance (SEMCA)

25363 Eureka Rd.
Taylor, MI 48180
Phone: (734) 229-3500
Toll Free: (800) 686-6543
Web site: www.semca.org/sas.htm

SEMCA is the regional Coordinating Agency (CA) designated by the Michigan Department of Community Health/Bureau of Substance Abuse Services (MDCH/ODCP) to administer federal and state substance abuse treatment and prevention programs. SEMCA services clients residing in Wayne County (excluding the city of Detroit) and Monroe County.

Effective October 1, 1998, SEMCA is now managing the Medicaid Substance Abuse Treatment Services for Medicaid enrolled recipients who reside in Out-Wayne County (excluding the City of Detroit) and Monroe County.

Services Covered:

- Outpatient Individual, Family and Group Therapy
- Intensive Outpatient Programs (IOP)
- Intensive Outpatient Programs with Domiciliary Care (room and board not included)
- Sub-Acute Detox
- Methadone Therapy

SEMCA's network of prevention programs service populations with strategies to

empower individuals and systems by addressing in an effective manner the challenges and transitions of life by creating and/or reinforcing conditions that promote healthy behaviors and lifestyles.

National

Adult Children of Alcoholics

Web site: www.adultchildren.org

Al-Anon/Alateen

Web site: www.al-anon.org

Alcoholics Anonymous

Web site: www.aa.org

Cocaine Anonymous

Toll-Free: 1-800-347-8998

Web site: www.ca.org

Gamblers Anonymous

Phone: (888) 844-2891

Email: isomain@gamblersanonymous.org

Web site: www.gamblersanonymous.org

Marijuana Anonymous

Toll-Free: (800) 766-6779

Web site: www.marijuana-anonymous.org

Narcotics Anonymous

Web site: www.na.org

Nicotine Anonymous

Web site: www.nicotine-anonymous.org

Recovery, Inc.

Web site: www.recovery-inc.com

Self-Help Meetings – USA Data Base

Web site: www.anonymousone.com

Substance Abuse and Mental Health Services Administration (SAMHSA)

Toll Free: (800) 662-4357

Web site: www.samhsa.gov

Women for Sobriety, Inc.

Web site: www.womenforsobriety.org

State

Alanon/Alateen

Web site: www.afgmichigan.addr.com

Michigan Tobacco Quitline

Michigan Department of Community Health

Phone: (517) 373-3500

Toll Free: (800) QUIT-NOW (784-8669)

Web site: www.michigan.gov/tobacco

The Michigan Tobacco Quitline is now offering free nicotine replacement products for people who want to quit smoking or chewing tobacco. People who want to take advantage of the program can call the quitline at 1-800-QUIT-NOW (784-8669), which is available 24 hours a day, 7 days a week.

Southeastern Michigan

Al- Anon Family Groups of the Detroit Area, Inc.

24069 Research Dr.

Farmington Hills, MI 48335

Contact: Chuck Davis

Phone: (248) 888- 8586

Fax: (248) 888- 0149

Email: info@metrodetroit.org

Web site: www.metrodetroitAFG.org

We give meeting locations over the phone or by mail.

Eligibility: Have a friend or relative with a drinking problem

Self help support groups, 12 step support groups for the families and friends of alcoholics.

Alcoholics Anonymous

General Services of Southeastern Michigan

P.O. Box 2843
Southfield, MI 48037-2843
Email: TreatmentChair@aa-semi.org
Web site: www.aa-semi.org

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Narcotics Anonymous – Metro Detroit
Phone: (248) 543-7200 - 24 Hour Helpline & Meeting Number
Toll-Free: 1-877-338-1188
Email: MDRWebservant@metrodetroit-na.org
Web site: www.michigan-na.org/metro_detroit_region

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter end—jails, institutions or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.

VISION SERVICES

Detroit Library for the Blind and Physically Handicapped

3666 Grand River Ave
Detroit, MI 48208-2880
Phone: (313) 833-5686
Fax: (313) 833-5688
Web site:
www.detroit.lib.mi.us/douglass/douglass_in dex.htm

The Detroit Subregional Library for the Blind and Physically Handicapped provides services, in accordance with the guidelines established by the U.S. Library of Congress National Library Service (NLS), to those who cannot read conventional print material, including persons who are blind, visually handicapped, physically handicapped, or reading disabled.

The LBPH collection is primarily a leisure collection of books on tape with adult and juvenile Bestsellers, Classics, Black History, and Old Time Radio Shows. It also includes Large Print books, regular print books and journals about disabilities, reference sources on the ADA, and self-instruction sign language video cassettes and CD-ROMs.

Greater Detroit Agency for the Blind & Visually Impaired (GDABV)

16625 Grand River
Detroit, MI 48227
Phone: (313) 272-3900
Fax: (313) 272-6893
Email: Information@gdabvi.org
Web site: www.gdabvi.org

The Greater Detroit Agency for the Blind and Visually Impaired (GDABVI) provides quality, innovative services that increase self-reliance, productivity and dignity for persons who are blind or visually impaired.

GDABVI offers in-home rehabilitation services to adults and seniors, community education programs on eye health and safety, summer programming for children and youth, and Accessible Computer Training at regional libraries for the blind.

Michigan Commission for the Blind

Cadillac Place
3038 W. Grand Blvd., Suite 4-450
Detroit, MI 48202-2038
Phone: (313) 456-1646
Central office - Lansing
Toll Free: (800) 292-4200
TTY: (888) 864-1212
Web site: www.michigan.gov/mcb

The mission of the MCB is to provide opportunities to individuals who are blind to achieve employability and/or function independently in society. Programs include: Vocational Rehabilitation Services, Independent Living Services, Deaf Blind Services, Business Enterprise Program, and the MCB Training Center.

Penrickton Center For Blind Children

26530 Eureka
Taylor, MI 48180
Phone: (734)946-7500
Fax: (734)946-6707
Web site: www.penrickton.com

Offers free five-day residential placement for blind, multi-disabled children.

Serves: Blind, multi-disabled children ages 1-12 who live within approximately 120 miles of Taylor.

Wayne County Regional Library for the Blind and Physically Handicapped

30555 Michigan Avenue
Westland, MI 48186-5310
Phone: (734) 727-7300
Toll Free: (888) 968-2737
Fax: (734) 727-7333
Email: wcrלבph@wayneregional.lib.mi.us
Web site: www.wayneregional.lib.mi.us

Free use of specialized library services to Wayne County residents who are unable to read conventional printed material because of physical limitation. Partial list of services include Talking Books, large print books, and descriptive videos. Materials are mailed at no charge.

Residents of Wayne County who are unable to read standard printed materials as a result of a permanent or temporary visual or physical disability qualify for service. This includes individuals who are unable to hold or turn pages of print books. Persons with reading disabilities qualify if they are certified as having a physical disability by a medical doctor. Both individuals and organizations, such as schools and nursing homes, may enroll in the Talking Book program.

State of Michigan

Blind Children's Fund

311 West Broadway Suite 1
Mt. Pleasant, MI 48858
Primary Voice: (989) 779-9966
Fax: (989) 779-0015
Web site: www.blindchildrensfund.org

Providing parents and professionals information, materials, and resources that help them successfully teach and nurture infants and children who are blind, visually and multi-impaired. To increase global awareness regarding the need for early and continuing intervention services for preschool children who are blind, visually or multi-impaired and to engage in activities to meet that need.

Leader Dogs for the Blind

1039 S. Rochester Road
Rochester, MI 48307
Phone: (248) 651-9011
Toll Free: (888) 777-5332
Fax: (248) 651-5812

Email: leaderdog@leaderdog.org
Web site: www.leaderdog.org

Founded by three Detroit area Lions Clubs members in 1939, Leader Dogs for the Blind provides dog guides to people who are blind and visually impaired to enhance their mobility, independence and quality of life. Each year, over 270 students attend our 26-day residential training program to be paired with a dog guide. This is a life-changing event that opens the doors to independence, safety and self-worth for many of our students.

Thanks to generous donations from our supporters, all of our services are provided free of charge to students, including room and board and travel to and from our campus in Rochester Hills, Michigan, for students living in North America.

National

New Eyes for the Needy

549 Millburn Ave.
PO Box 332
Short Hills, NJ 07078
Phone: (973) 376-4903
Fax: (973) 376-3807
Web site: www.neweyesfortheneedy.org

New Eyes for the Needy purchases new prescription eyeglasses for low-income individuals in the US through a voucher program,

To be eligible for our program, applicants must:

- Be in financial need.
- Have had a recent eye exam. New Eyes does not pay for eye exams.
- Have no other resources available to them to pay for glasses, including federal or state programs or assistance from local charitable organizations.

A New Eyes voucher typically covers only the cost of a basic pair of single or bifocal eyeglasses.

Sight For Students

Phone: (800) 877-7195
Web site: www.sightforstudents.org
How to qualify:
www.sightforstudents.org/html/help.html

Monday - Friday 5 a.m. to 7 p.m., Pacific Time to speak with Member Services.

Sight for Students is a VSP charity that provides free vision exams and glasses to low-income, uninsured children. The program operates nationally through a network of community partners who identify children in need and VSP network doctors who provide the eye care services.

More than 50,000 children each year receive a free comprehensive exam and corrective lenses if needed through Sight for Students. These are children who would otherwise not receive the eye care and eyewear they need to do their best work in school and perform their best at play.

Unite for Sight

234 Church Street, 4th Floor
New Haven, CT 06510
Email: ufs@uniteforsight.org
Web site: www.uniteforsight.org

University chapter volunteers provide visual acuity screenings and match those screened with free health coverage programs (i.e. American Academy of Ophthalmology's EyeCare America and American Optometric Association's VisionUSA) so that they can receive a complete eye exam by an eye doctor. By connecting patients with resources so that they can receive a complete dilated eye exam at an eye clinic, Unite For Sight programs ensure that uninsured

community members receive the same high quality of care that is available to insured or privately paying patients.

Vision USA

243 North Lindbergh Blvd.

St. Louis, MO 63141

Phone: (800) 766-4466

Fax: (314) 991-4101

Email: visionusa@aoa.org

Web site: <http://aoa.org/visionusa.xml>

Free eye care program for working individuals who do not have vision insurance

Register by calling 800-776-4466 8 a.m. to 6 p.m. or by visiting the Web site.

Monday through Friday

VISION USA is open to children and adults.

General eligibility requirements vary by state. To receive free services, you must:

1. Have a job or live in a household where there is one working member
2. Have no vision insurance (this may include Medicare/Medicaid)
3. Have income below an established level based on household size
4. Not have had an eye exam within two years

If you or your family are eligible to receive services, you will be matched with a volunteer doctor of optometry who will provide a comprehensive eye exam at no charge. Eyewear also may be provided at no cost or for a small fee/donation in some states. (Note: Doctors donate their services and may be limited in some areas.)