

## **FOOD ASSISTANCE PROGRAMS**

In addition to paying the bills, another big stressor is trying to budget money to buy food for the family. If finances become tight and there are not enough resources for food, there are Food Assistance Programs that may be able to provide temporary relief.

## **DISCOUNT FOOD PROGRAMS**

### **Angel Food Ministries**

Web site: <http://www.angelfoodministries.com>

Angel Food is available in a quantity that can fit into a medium-sized box at \$30 per unit.

## **FOOD PANTRIES**

### **Downriver Community Food Pantry**

Doherty-Hall Center  
140 Superior  
Wyandotte, MI 48192  
Phone: 734-281-6733

References required from churches or social service agencies.

### **Fish & Loaves Community Food Pantry**

25670 Northline  
Taylor, MI 48180  
Phone: 734-778-1611  
Web site: <http://www.downriverfishandloaves.org>

Food pantry for residents of Allen Park, Brownstown Township, Dearborn Heights, Romulus, Southgate, and Taylor.

### **Focus Hope Inkster**

759 Inkster Rd.  
Inkster, MI 48141  
Phone: (313) 494-4600  
Fax: (313) 494-4446

### **Focus Hope Southwest**

6353 W. Vernor Hwy.  
Detroit, MI 48209  
Phone: (313) 494-4600

### **Focus Hope Westside**

1300 Oakman Blvd.  
Detroit, MI 48238  
Phone: (313) 494-4600  
Fax: (313) 494-4446

### **Focus Hope Eastside**

9151 Chalmers  
Detroit, MI 48213  
Phone: (313) 494-4600  
Fax: (313) 494-4446

Distributes supplemental foods including infant formula, cereal, milk, meat, vegetables, fruit, fruit juices, and other products at four self-service distribution centers on a monthly basis.

### **Health Emergency Lifeline Programs**

1726 Howard  
Detroit, MI 48216  
Phone: (313)832-3300  
Toll Free: (888) 435-5655  
Fax: (313) 832-3393

Provides liquid dietary supplements, also offers food vouchers.

Low-income individuals who are affected by HIV/AIDS.

### **PantryNet.org**

Email: [info@PantryNet.org](mailto:info@PantryNet.org)  
Web site: [www.pantrynet.org](http://www.pantrynet.org)

PantryNet has a searchable database of food pantries in Southeastern Michigan.

### **Salvation Army**

Web site: [www.salvationarmyemich.org](http://www.salvationarmyemich.org)

### **Wayne County**

Dearborn Heights Corps  
26700 W. Warren Ave.  
Dearborn Heights, MI 48127  
Phone: (313) 563-4457

Detroit Brightmoor  
15133 Burgess Ave.  
Detroit, MI 48223-1999  
Phone: (313) 532-1281

Fax: (313) 532-1734  
Detroit Grandale  
11311-25 Montrose Ave.  
Detroit, MI 48227-1648  
Phone: (313) 835-373  
Fax: (313) 835-8644

Detroit Harding  
3735 Harding Ave.  
Detroit, MI 48214-1534  
Phone: (313) 822-2800  
Fax: (313) 822-8873

Detroit Harbor Light  
3737 Lawton  
Detroit, MI 48201  
Phone: (313)361-6136  
Fax: (313) 361-6210

Detroit Temple  
3729 W. Chicago  
Detroit, MI 48204  
Phone: (313) 897-2914  
Fax: (313) 897-2933

Plymouth Corps  
9451 S. Main St.  
Plymouth, MI 48170  
Phone: (734) 453-5464

Wayne/Westland  
2300 Venoy  
Westland, MI 48186-1100  
Phone: (734) 722-3660  
Fax: (734) 722-5115

Wyandotte  
1258 Biddle Ave.  
Wyandotte, MI 48192-3498  
Phone: (734) 282-0930  
Fax: (734) 282-8928

### ***Monroe County***

Monroe  
815 E. First Street  
Monroe, MI 48161-1919  
Phone: (734) 241-0440  
Fax: (734) 241-7181

### **Taylor Connection**

Free Food Program  
Taylor Human Service Center  
26650 Eureka Road  
Taylor, MI 48180

Taylor Residents only. Must have Valid Taylor ID (driver's license, State ID)

- Must be 18 or Older
- Must Line up for numbers beginning at 9 a.m.
- Must be present to receive a number and food
- Chairs are not provided

Time: Food distribution begins at 12:30 unless truck is late

Free food program is sponsored by: The Information Center, Gleaners Food Bank, City of Taylor, Taylor Connection, Third Judicial Family Court, Meijer, and Kroger. Time of supplies being distributed depends on truck arrival. Supplies are not guaranteed to be available. For more information call (734) 282-7171

## **GOVERNMENT FOOD PROGRAMS**

### **Bridge Card (Food Stamps)**

Increases the food purchasing power of low-income households. Income standards differ if the household includes elderly or disabled people. Food stamp benefits decrease as income increases. Benefits are now provided electronically through the Bridge Card (see #18) and may be accessed through the point of sale device at most grocery stores.

### **Women, Infants, and Children (WIC)**

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children.

WIC is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5 who have a nutrition-related health problem. Programs are designed to meet the nutritional needs of women, infants, and children up to age five.

**Commodities for Schools and Institutions**

The National School Lunch Program (NSLP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to eligible children each school day.

The School Breakfast Program (SBP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free breakfasts to eligible children each school day.

Contact your local school district for assistance.