

MENTAL HEALTH

During times of unemployment, a person can sometimes experience difficult and unpleasant emotions, which could result in at-risk behaviors. If you or someone you know is having uncharacteristic thoughts or demonstrating inappropriate behavior, please seek help immediately. The following is a list of hotlines, shelters, and counseling centers.

COUNSELING SERVICES

Belleville

Community Care Services

25 Owen Street
Belleville, MI 48111
Phone: (734) 697-7880

Canton

Advanced Counseling Services, P.C.

5958 North Canton Center Road, Suite 900
Canton, MI 48187
Phone: (734) 737-1200
Web site: www.advancedcounseling.org

Center for Behavior and Medicine

2200 Canton Center Rd. Suite 200 B
Canton, MI 48187
Phone: (734) 981-3800

Family Services-Canton

50430 School House Rd.
Canton, MI 48187
Phone: (734) 495-9526

Dearborn

Arab Community Center for Economic and Social Services (ACCESS)

Adult Mental Health Program & Family Counseling
6450 Maple St.
Dearborn, MI 48126
Phone: (313) 216-2200
Fax: (313) 584-3622

Web site: www.accesscommunity.org

The Adult Mental Health Program is serving the adult population suffering from mental illness, culture adjustment, substance abuse, and domestic violence. We also handle court referral cases.

Dearborn Pastoral Counseling Center

24110 Cherry Hill
Dearborn, MI 48124
Phone: (313) 274-4570
Web site: www.dpcc.us

The Dearborn Pastoral Counseling Center was designed to assist people with their pain and personal struggles, and to guide them toward personal growth and maturity.

Dearborn Vet Center

2881 Monroe St., Suite 100
Dearborn, MI 48124
Phone: (313) 277-1428
Fax: (313) 277-5471

Eastwood Clinic Dearborn

5111 Autoclub Dr. (Suite 120, Building #6)
Dearborn, MI 48126
Phone: (313) 583-0735
Web site: www.stjohn.org

Family Services-Dearborn

19855 W. Outer Drive, Suite 104 W.
Dearborn, MI 48124
Phone: (313) 274-5840

Henry Ford Behavioral Services

5111 Auto Club Dr., Suite 112
Dearborn, MI 48126
Phone: (313) 317-2000

Dearborn Heights

Catholic Social Services

20382 Van Born Rd.
Dearborn Heights, MI 48125
Phone: (313) 792-9286

Individual, family & group therapy. Specialized programs include substance abuse treatment, domestic violence services & older adult

services. Psychiatric and psychological evaluations are also available.

Detroit

Arab-American and Chaldean Council (ACC)

Community Health Center

16921 Warren
Detroit, MI 48228
Phone: (313) 846-8156
Web site: www.myacc.org

Catholic Social Services of Wayne County

9851 Hamilton Ave.
Detroit, MI 48202
Phone: (313) 883-2100
Web site: www.csswayne.org

Individual, family & group therapy. Specialized services include substance abuse treatment & prevention. Psychiatric and psychological evaluations are also available.

Detroit Central City Community Mental Health, Inc.

10 Peterboro St
Detroit, MI 48201
Phone: (313) 831-3160
Web site: www.dcccmh.org

Detroit East Community Mental Health

11457 Shoemaker
Detroit 48213
Detroit, MI 48214
Phone: (313) 921-4700

Detroit zip codes 48207, 48211, 48213, 48214 & 48215

Detroit East Community Mental Health

3646 Mt. Elliot
Detroit, MI 48207
Phone: (313) 331-3435

Detroit Vet Center

4161 Cass Avenue
Detroit, MI 48201
Phone: (313)-831-6509
Fax: (313)-831-6919

Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

Detroit-Wayne County Community Mental Health Agency

640 Temple
Detroit, MI 48201
Phone: (313) 833-2500
24-Hour Crisis Line: (800) 241-4949

Development Centers, Inc.

24424 W McNichols
Detroit, MI 48219
Phone: (313) 531-2500

Service Area: 48223, 48228, and 48239

Family Service, Inc.

Main Office
10900 Harper Ave
Detroit, MI 48213
Phone: (313) 579-5989

Family Service, Inc.

220 Bagley St Suite 700
Detroit, MI 48226
Phone: (313) 965-2141

Health Services Technical Assistance Addiction Treatment Services, Inc.

Herman Keifer Complex
1151 Taylor Building 1
Detroit, MI 48202
Phone: (313) 876-4070
24-Hour Crisis Line: (313) 224-7000

Henry Ford Health System/Behavioral

One Ford Place
Detroit, MI 48202
Phone: (313) 874-6677

John D Dingell VA Medical Center

4646 John R
Detroit, MI 48201
Phone: (313) 576-1000
Web site: www.va.gov

Latin American for Social and Economic Development (LASED)

7150 W Vernor

Detroit, MI 48209
Phone: (313) 841-1430

Latino Family Services
3815 W Fort St
Detroit, MI 48216
Phone: (313) 841-7380

Neighborhood Service Organization
220 Bagley, Suite 1200
Detroit, MI 48226
Phone: (313) 961-4890
Hotline: (313) 224-7000

New Center Community Mental Health
2051 W Grand Blvd
Detroit, MI 48208
Phone: (313) 961-3200

New Center Community Mental Health
10001 Puritan
Detroit, MI 48221
Phone: (313) 494-4000

Service Area: 48202, 48203, 48204, 48206,
48208, 48211, 48221, and 48238

North Central Community Mental Health Center
17141 Ryan Rd
Detroit, MI 48212
Phone: (313) 369-1717

Service Area: 48203, 48205, 48211, 48212,
48213, and 48234

Northeast Guidance Center Administration
12800 E Warren Ave
Detroit, MI 48215
Phone: (313) 824-8000

Service Area: 48205, 48212, 48215, 48224,
48225, 48230, and 48236

Northeast Guidance Center Community Support Programs
2670 Chalmers
Detroit, MI 48215
Phone: (313) 824-5620

Service Area: 48205, 48212, 48215, 48224,
48225, 48230, and 48236

Quality Behavioral Health, Inc.
751 E Grand Blvd
Detroit, MI 48207
Phone: (313) 922-2222

Southwest Counseling Solutions
1700 Waterman Ave.
Detroit, MI 48209
Phone: (313) 841-8900
Web site: www.swsol.org

Southwest Counseling Solutions
Youth Services
2051 Rosa Parks Blvd.
Detroit, MI 48216
Phone: (313) 963-2266
Web site: www.swsol.org

Southwest Counseling
Child & Family Services
3627 West Vernor Highway
Detroit, MI 48216
Phone: (313) 554-8511
Web site: www.swsol.org

Services include clinical and outpatient services for adults with mental illness, child and family services for children with emotional disorders, Hispanic mental health services for children, youth, adults and families.

Therapeutic Encounters PC
3800 Woodward Ave
Suite 202
Detroit, MI 48201
Phone: (313) 832-0870

Ferndale

Kingswood Hospital
10300 W Eight Mile Rd
Ferndale, MI 48220
Phone: (248) 398-3200

Garden City

Archambault & Associates, PC
St Raphael Church
31530 Beechwood
Garden City, MI 48135
Phone: (248) 827-8801 (24 hours)

Web site: www.a-atherapy.com

Brookfield Clinics at Garden City Hospital

6265 Inkster Rd
Garden City, MI 48135
Phone: (734) 458-3395

Grosse Ile

Archambault & Associates, PC Sacred Heart Church

21599 Park Lane
Grosse Ile, MI 48138
Phone: (248) 827-8801 (24 hours)
Web site: www.a-atherapy.com

Hamtramck

North Central CMH Adult Services

4321 McNichols
Detroit, MI 48212
Phone: (313) 369-1717

Inkster

Hegira Next Step Clubhouse

1403 Inkster Road
Inkster, MI 48141
Phone: (313) 565-2200

Services include social support, vocational training, job placement, job coaching, case management, medication management and community reintegration.

Starfish Family Services

30000 Hiveley Road
Inkster, MI 48141
Phone: (734) 728-3400
Email: SFS@sfish.org
Web site: www.starfishonline.org

Starfish Family Services (SFS) is a private, nonprofit human service agency, serving children, youth, adults and families from throughout Southeastern Michigan. Starfish Family Services, "continuum of care" is a source for education and training, counseling and treatment, respite and support, inspiration

and opportunity for children, parents and other community members.

Lincoln Park

Community Care Services

Administration
26184 Outer Drive
Lincoln Park, MI 48146
Phone: (313) 389-7500
Web site: www.comcareserv.org

Community Care Services

1736 Fort Street
Lincoln Park, MI 48146
Phone: (313) 382-7861
Web site: www.comcareserv.org

The Guidance Center

26300 Outer Dr
Lincoln Park, MI 48218
Phone: (313) 388-4630

Livonia

Archambault & Associates, PC

St Edith Church
15089 Newburgh Rd
Livonia, MI 48154
Phone: (248) 827-8801 (24 hours)
Web site: www.a-atherapy.com

Eastwood Community Clinic

17250 Farmington Rd
Livonia, MI 48152
Phone: (734) 425-4070

Hegira Livonia Counseling Center

15370 Levan Rd
Livonia, MI 48154
Phone: (734) 744-0170
Crisis: (800) 231-1127 (24 hours)

Oakland Psychological Clinic

29865 Six Mile Rd Suite 112
Livonia, MI 48152
Phone: (734) 522-0280
Web site: www.oakpsych.com

Starfish Family Services Lifespan Clinical Services

18316 Middlebelt Road
Livonia, MI 48152
Phone: (888) 355-LIFE (5433)
Fax: (248) 615-1260
Web site: www.starfishonline.org

Services include outpatient counseling in office, outreach services provided in home to Wayne County families addressing parent-child concerns, parent needs, support, etc.

University Psychiatric Center

16836 Newburgh Rd
Livonia, MI 48154
Phone: (734) 464-4220
Toll-Free: (888) 362-7792

Plymouth

Evergreen Counseling Centers

42189 Ann Arbor Rd
Plymouth, MI 48170
Phone: (734) 453-5603

Redford

Lincoln Behavioral Services

9315 Telegraph Rd.
Redford, 48239
Phone: (313) 450-4500
Web site: www.LBSCares.com

Lincoln Behavioral Services provides services to adults with mental illness and children with emotional disturbances.

Romulus

Hegira Programs Help Center

9340 Wayne Rd Suite A
Romulus, MI 48174
Phone: (734) 942-7585
Crisis: (734) 397-7777

Southgate

The Guidance Center Main Office

13101 Allen Road,
Southgate, MI 48195
Phone: (734) 785-7700

Web site: www.guidance-center.org

The Guidance Center is a private, non-profit human service agency providing a broad range of services to children, adolescents and adults. Services provided include outpatient mental health and substance abuse treatment, early childhood programs and a work readiness program for adults.

Taylor

Advanced Counseling Services

20600 Eureka Rd Suite 819
Taylor, MI 48180
Phone: (734) 285-8282

Community Care Services

26650 Eureka, Suite A
Taylor, MI 48180
Phone: (734) 955-3550
Web site: www.comcareserv.org

Services: Adults- Outpatient, after care, psychosocial rehabilitation, A.C.T., case management, outreach & Consumer Run, IOP substance abuse treatment & early intervention program.

Center for Independent and Family Therapy

21751 Ecorse Rd
Taylor, MI 48180
Phone: (313) 291-0979

Wayne

Hegira Behavioral Diagnostic & Psychiatric Intervention Center

33101 Annapolis, Suites A & B
Wayne, MI 48184
Phone: (734) 721-6788
Web site: www.hegira.net

24 hour emergency psychiatric screening, disposition and referral, for children through adults; traditional outpatient services, 24 hours/7days; mental health; substance abuse;

problem gambling; 23 hour extended observation and mobile crisis stabilization.

Westland

Hegira Community Support Services (CSS)

8623 N. Wayne Rd, Suite 323
Westland, MI 48185
Phone: (734) 742-0605
Fax: (734) 742-0608
Web site: www.hegira.net

Services include: Psychiatric Evaluation, Medication Reviews, Nursing Services, Individual and Group Supportive Counseling, Skin Building, Case Management, Medication only component, and Transportation.

Hegira Children's Outpatient Services

8623 North Wayne Road, Suite 123
Westland, MI 48185
Phone: (734) 367-0469
Web site: www.hegira.net

Hegira-Westland Counseling Center (H-WCC)

8623 N. Wayne Road, Suite 310
Westland, MI 48185
Phone: (734) 425-0636
Fax: (734) 425-4771
Web site: www.hegira.net

H-WCC provides assistance to children, adults and families to cope with a wide range of behavioral health problems, including emotional difficulties, substance abuse, family and other life adjustments. This program's services are available by appointment to residents of Wayne County

Wyandotte

Henry Ford Wyandotte Hospital

2333 Biddle Ave
Wyandotte, MI 48192
Phone: (734) 246-6000
Web site: www.henryford.com

Monroe County

Monroe County Mental Health Authority

1001 South Raisinville Road
Monroe, MI 48161

Phone: (734) 243-7340 - 24-Hours
Toll Free: (800) 886-7340 - 24-Hours
Web site: www.monroecmha.org

The Monroe Community Mental Health Authority serves individuals with Medicaid insurance, or individuals who are enrolled in the MICHILD program, or individuals who have no insurance and cannot pay for services

Caring Alternatives, Inc.

2092 S. Custer Road
Monroe, MI 48161
Phone: (734) 242-8711
Web site: www.caringalternatives.com

Caring Alternatives, Inc.

7400 Lewis Ave.
Temperance, MI 48182
Phone: (734) 847-4986
Web site: www.caringalternatives.com

Professional Therapy provides the opportunity for an individual, couple, or family to identify problems and focus on solutions. To help accomplish this, the therapist teaches skills that enable clients to take control of their behavior and relationships.

Psychological and ADHD testing support services are also available.

Catholic Charities of Monroe County

14930 Laplance Road, Suite 123
Monroe, MI 48161
Phone: (734) 240-3850
Email: info@ccmonroe.org
Web site: www.ccmonroe.org

Our programs include Head Start, Older Adult Services, Substance Abuse Treatment, Individual, Family and Group Mental Health Counseling and Parenting Classes.

Family Counseling and Shelter Services

14930 LaPlaisance Road, Suite 106
Monroe, MI 48161
Phone: (734) 241-0180 (Counseling)
Crisis Line: (734) 242-7233 (Domestic Violence)
Web site: www.fcssmc.org

Our Sunrise House provides a safe haven for

domestic violence survivors and their children, and the services essential to recovery, and to empowerment and independence. Our new Children's Center of Monroe provides a full range of children's services including counseling, play therapy, abuse prevention, and support groups, and Monroe County's first supervised visitation and exchange program.

Mercy Memorial Hospital Family Center

700 Stewart Rd

Suite 105

Monroe, MI 48161

Phone: (734) 240-1760

Web site: www.mercymemorial.org

At Mercy Memorial Hospital, we believe that early intervention and treatment can make a positive difference in the lives of persons challenged with mental illness or chemical dependency.

National

National Alliance on Mental Illness (NAMI)

Colonial Place Three

2107 Wilson Blvd., Suite 300

Arlington, VA 22201-3042

Phone: (800) 950-NAMI (6264)

Email: info@nami.org

Web site: www.nami.org

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots organization for people with mental illness and their families. Founded in 1979, NAMI has affiliates in every state and in more than 1,100 local communities across the country.

State of Michigan

NAMI Michigan

921 N. Washington

Lansing, MI 48906

Phone: (800) 331-4264

Fax: (517) 485-2333

Email: namimichigan@acd.net

Web site: www.mi.nami.org

NAMI Michigan's purpose is to assist affiliates, provide support, promote education, pursue advocacy and encourage research on mental illness.

Michigan Psychological Association (MPA)

Statewide Referral Service

124 West Allegan Street, Suite 1900

Lansing, MI 48933

Phone: (517) 347-1885

Toll Free: (800) 270-9070

Fax: (517) 484-4442

Email:

office@michiganpsychologicalassociation.org

Web site:

www.michiganpsychologicalassociation.org

The Michigan Psychological Association (MPA) Statewide Referral Service is designed to put people in touch with qualified psychologists in their area. All referrals are to licensed psychologists who are members of the Michigan Psychological Association and who have subscribed to the referral service.

DOMESTIC VIOLENCE & SEXUAL ASSAULT

Wayne County

First Step

Plymouth, MI 48170-3840

Phone: (734) 416-1111

Fax: (734) 416-5555

Crisis: (734) 722-6800 or (888) 453-5900

Web site: www.firststep-mi.org

A 24 hour help line is a core service at First Step. For many, it is literally a lifeline.

Victim's Assistance Program (VAP)

Phone: (313) 833-1660

Rape Counseling and Homicide

Individual and Group

4707 St. Antoine, Suite M-167

Detroit, MI 48201

Domestic Violence

3627 Cass

Detroit, MI 48201

YWCA/Interim House Metro Detroit

P.O. Box 21904

Detroit, MI 48221
Phone: (313) 862-3580
Fax: (313) 862-4190
Crisis: (313) 861-5300
Web site:
www.ywcadetroit.org/ywca_interim_house.htm

YWCA Interim House celebrated its 25th anniversary in 2004. This program provides shelter for women and children survivors of domestic violence and sexual assault.

Monroe County

Family Counseling and Shelter Services (FCSSMC)

Counseling and Support Center
14930 LaPlaisance Road, Suite 106
Monroe, MI 48161
Phone: (734) 241-0180
Web site: www.fcssmc.org

Sunrise House Domestic Violence Shelter
(Location confidential)
Monroe, MI
Phone: (734) 242-7233 (24 Hours)

Children's Center of Monroe
621 South Monroe Street
Monroe, MI 48161
Phone: (734) 457-KIDZ (5439)

National

National Domestic Violence Hotline (NDVH)

Phone: (800) 799-SAFE (1-800-799-7233)
TTY: (800) 787-3224
Web site: <http://www.thehotline.org>

Help is available to callers 24 hours a day, 365 days a year. Hotline advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands.

National Teen Dating Abuse

Phone: (866) 331-9474
TTY: (866) 331-8453
Web site: www.loveisrespect.org

Just for teens. You can talk one-on-one with a trained advocate 24/7 who can offer support and connect you to resources.

Rape, Abuse & Incest National Network

Phone: (800) 656-HOPE (4673)
Email: info@rainn.org
Web site: www.rainn.org

State of Michigan

Michigan Coalition Against Domestic and Sexual Violence (MCADSV)

Web site: www.mcadsv.org

MCADSV is dedicated to the empowerment of all the state's survivors of domestic and sexual violence.